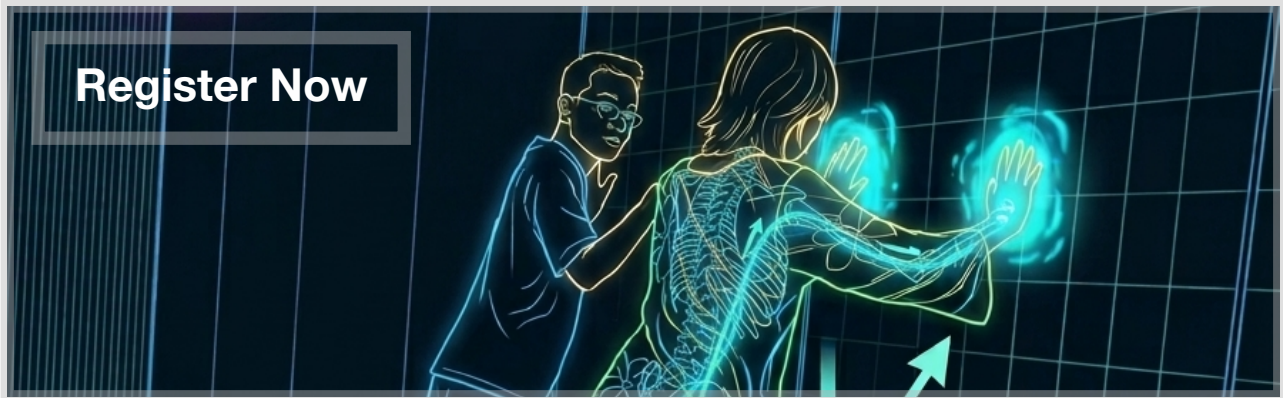


Professional Certificate in

Somatic Processing for Resiliency through Therapeutic Tango



[Register Now](#)



Integrating Somatic Science, Polyvagal Theory, Psychodynamic Psychology, Emotional Regulation, and Argentine Tango

This intensive 3-day (24 hours) professional certification explores the science of healing by integrating Somatic Psychology, Polyvagal Theory, Psychodynamic Psychology, and Emotional Regulation through the medium of Therapeutic Argentine Tango. Designed for professionals in mental health, healthcare, and wellness coaching, the curriculum provides an evidence-informed framework to build nervous system regulation, embodied awareness, and healthy relational boundaries. Participants gain immediately applicable facilitation tools to enhance their practice, positioning them to deliver high-value, transformative somatic interventions within sophisticated urban markets.

Date: 3, 4, 10 October 2026 / 9 am - 5 pm

Fee: \$850 ~~\$900~~ (register by 15 September)

High-Value Somatic Solutions

Master the integration of Somatic Psychology, Polyvagal Theory, and Therapeutic Argentine Tango to foster nervous system regulation, attunement, and boundaries. This certification transforms Argentine Tango into a clinical medium, allowing you to provide cutting-edge, evidence-informed interventions.

Back by popular demand after a successful first cohort! This second run is a great opportunity to master trauma-informed counseling and relational models, along with the practical application of the Therapeutic Tango. Elevate your practice in a way that is both engaging and effective.

Limited seats available—we intentionally keep class sizes small to ensure personalized attention and feedback for every participant.

[Register Now](#)

A Premier Business Asset

- **High-Value Potential:** Address the surging demand for premium, specialized wellness in Singapore's sophisticated market.
- **Elite Positioning:** Differentiate your practice by offering specialized, science-backed modalities that command higher professional standing.
- **Immediate ROI:** Gain a "plug-and-play" toolkit for high-ticket corporate retreats, private sessions, and group programs.
- **Practical Mastery:** Translate complex neuroscience into immediate, billable professional skills.

What You Will Learn

- **Neuroscientific Mastery:** Leverage the neuroscience of stress and trauma to provide high-authority services.
- **Clinical Application:** Apply Polyvagal Theory to real-time co-regulation and use somatic diagnostics to fast-track breakthroughs.
- **Facilitation:** Safely lead trauma-informed exercises and design profitable, resilience-focused programs.

Who Should Attend?

Ideal for clinicians, mental health professionals, executive coaches, corporate consultants, and somatic/movement practitioners looking to innovate. No prior dance experience is required. Practice is focused on movements, connections and communication.

Your Facilitators

Dr. Richard Lim | Clinical Psychotherapist With an illustrious 26-year career in clinical psychotherapy, Dr. Lim is a seasoned expert in the complexities of couple and family dynamics. He brings a depth of clinical wisdom to this certification, specifically in the application of somatic processing for trauma treatment. Dr. Lim bridges the gap between psychological theory and embodied practice, ensuring that every participant gains the clinical precision needed to handle sensitive, high-impact cases with confidence and expertise.

Arthur Fong | Movement & Somatic Specialist Arthur Fong is a lead instructor at Tango Kosong, bringing over 30 years of extensive social and partner dance experience to the training. His profound understanding of the mechanics of connection and movement serves as the foundation for the Therapeutic Tango component of this course. Arthur's expertise lies in translating the nuances of partnership into accessible, somatic tools, allowing professionals to facilitate profound non-verbal communication and relational attunement in their own practices.

Secure your competitive advantage in the premium somatic market today.