



SAC 38th Annual General Meeting

SAC had a successful virtual AGM held on 26th June 2020 via ZOOM with an attendance of 74 members. Thank you to all who attended! On that note, we are pleased to introduce the new term of the **SAC Executive Committee for 2020 – 2022!**

President

Dr Frederick Low



Vice President

Mr Andy Lam



2nd Vice President

Mr Ng Chong Chee Dan



Honorary Secretary

Rev Sam Kuna



Assistant Honorary Secretary

Ms Hema Gurnani



Honorary Treasurer

Ms Au Hoi Ting



**Assistant Honorary Treasurer
(Co Opted)**

Ms Chang Cheng Ern Lydia
(Lim C.E Lydia)

Committee Member

Ms Carolyn Lim



Committee Member (Co Opted)

Dr Chan Pei See Joyce

Committee Member

Ms Giam Xiuhui Jenny



Committee Member (Co Opted)

Ms Xiao Li En



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New Fellow Member – Rev Sam Kuna



Congratulations to Rev Sam Kuna on being commended and awarded the highest membership award as a Fellow Member at this 38th AGM. Sam Kuna has performed distinctive service to the Association (in key leadership roles on the Executive Committee, Boards, Subcommittees, Organising Committees, and Standing Committees), and made outstanding contributions to the advancement of counselling knowledge and practice by research, teaching, publications and clinical practice. Sam has inspired many beginning counsellors, helped shape the landscape of professional counseling in Singapore, and he was an early advocate for the self-governance of members of the Association. We wish him many more years of contribution to the Association.

Boards & Sub-Committees (2020 – 2022)

Clinical Supervision Board

Chairperson: Dr Jessica Leong
Members: Mr Joachim Lee
Mrs Linda Wan-Koh
Rev Sam Kuna
Mrs Sharon Sng
Mr SB Viknesan

Counsellors Education Board

Chairperson: Ms Trina Tan
Members: Mr Andy Lam
Ms Au Hoi Ting
Ms Carolyn Lim
Ms Hema Gurnani
Ms Irene Loi

Ethics Board

Chairperson: Rev Sam Kuna
Members: Mr Andy Lam
Mr Benny Bong
Dr Muni Winslow

Register Board

Chairperson: Ms Jenny Giam
Members: Ms Denise Yap
Ms Hema Gurnani
Mr Ng Chong Chee Dan
Ms Reena Goenka
Ms Rose Faquir
Ms Yuyu Kow

Community Counsellors Sub-Committee

Chairperson: Mr Joachim Lee
Members: Ms Dawn Tan
Mr Edwin Quek
Ms Hema Gurnani
Ms Michele Gan
Ms Sukumaran Nair Indu

Membership Sub-Committee

Co-Chairperson: Ms Au Hoi Ting
Co-Chairperson: Ms Carolyn Lim
Members: Ms Celine Edmund
Ms Tan Sook Khuan Helenna
Ms Rose Faquir
Mr Sam Roberts
Ms Vinti Mittal

School & College Counsellors Sub-Committee

Chairperson: Mr Bernard Mackenzie
Members: Ms Esendemir Sekhon Berna
Mr Joshi s/o Chandrasenan
Mr Jeffrey Lee
Mr Mohammed Zulkarnain Bin Abdul Aziz
Mr Donovan Teo
Mr Wu Che Vun Steven

Research and Publication Standing Committee

Co-Chairperson: Dr Frederick Low
Co-Chairperson: Dr Lee Boon Ooi
Members: Dr Alicia Pon
Dr Gilbert Fan
Dr Jennifer Isabelle Ong
Dr Chan Pei See Joyce



Singapore Association for Counselling

FOR COUNSELLING AND PSYCHOTHERAPY

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Email: admin@sacsingapore.org
Website: www.sacsingapore.org
UEN No.: S83SS0024D

Thank you for attending the AGM!



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SAC Registered Counsellor (RC) – Renewal

For those who are planning on renewing your Registered Counsellor (RC), please note that you will be required to submit the following information and documents (in PDF). If you are unsure if your RC is due for renewal, please write in to admin@sacsingapore.org to request for a copy of your membership summary and payment records.

- a) 400 Clinical Hours
 - i. Declaration only required; log sheets are not required but must be made available upon request for audit purposes
- b) 50 Continuing Professional Development (CPD) hours. For each course/workshop/seminar attended, please submit:
 - i. Certificate of attendance (in PDF) OR;
 - ii. A letter of attendance on an official letterhead (in PDF)

Please ensure that the following information is clearly printed on the certificate/letter of attendance:

- a) Your full name
- b) Title of course/workshop/seminar
- c) Date of course/workshop/seminar
- d) Duration of course/workshop/seminar

Your renewal application will be reviewed by the Register Board at a monthly meeting. Thereafter, it will be tabled before the EXCO for approval. Kindly take note that the entire process will take **approximately 1 – 2 months on average**. Once approved, you should receive an official invoice from us for payment of dues (refer to Table A below for reference). **Kindly refrain from making any advance payment as no refunds will be made should your renewal be rejected**. We seek your kind understanding and patience.

Table A

	Amount	Validity Period	Remarks
Clinical Member (Annual Dues)	\$80.00	1 Jan – 31 Dec	Billed every January
Registered Counsellor (RC)	\$200.00	Valid for two (2) years	
Registered Clinical Supervisor (RCS)	\$100.00	Valid for two (2) years	Billed together with RC (if applicable)
Professional Indemnity Insurance	\$160.50	1 July – 30 June Valid for one (1) year	If you wish to be exempted because you have your own professional indemnity, please write in to admin@sacsingapore.org to request for an exemption form.

For matters pertaining to finance, please email finance@sacsingapore.org.

For matters pertaining to administrative and membership, please email admin@sacsingapore.org.

Counselling and Supervision Hours

The EXCO has approved the acceptance of video/tele-counselling hours and video supervision hours as the practice and supervision hours respectively for the purpose of Registered Counsellor (RC) registration or renewal, subject to the condition that such hours are clocked between the period of **01 Mar 2020 and 31 Oct 2020**.

Member Profile Update and Payment Methods

Should there be any changes to your personal details on the member portal (e.g. address/email/etc.), please write in to us at admin@sacsingapore.org. This includes if you wish to receive up-to-date news and other information. In our previous e-newsletters, we have informed you on the introduction of PayNow for easy payment.

PayNow

Kindly refer to the following QR code for payment.

UEN No. S83SS0024D



SCAN TO PAY

For payment by internet banking

Account name : Singapore Association for Counselling
Bank name : DBS Bank
Autosave Account No. : 010-013101-4

Please enter remitter's name and account number in bank form and send us an email informing us the date of the bank transfer.

Cheque Payment

Kindly take note of our mailing address to avoid confusion and missing cheques:

Attention: SAC Secretariat
Singapore Association for Counselling
c/o Work Central Offices Pte Ltd
190 Clemenceau Avenue
#06-01 Singapore Shopping Centre
Singapore 239924

Bank Transfers

For all internet bank transfers, when completing the transaction, please indicate your full name as per the application form. This will aid us with the payment verification. Thereafter, please send an email to finance@sacsingapore.org (Sarah) and copy admin@sacsingapore.org (Sandra) with the following details:

- 1) Full Name
- 2) Invoice number (if applicable)
- 3) Membership number (if applicable)
- 4) Amount
- 5) Date and time of transfer
- 6) Print-screen of transaction



Upcoming External Workshops

➤ Upcoming Workshops on Grief Counselling and Bereavement Support, offered by Portland Institute for Loss and Transition by Academy of Human Development Pte Ltd

Title: Anticipatory Grief and Loss (Part II) : Journeying with the Family of Those with Terminal Illness
Overview: This 2-day workshop introduces meaning-oriented perspectives of anticipatory grief and separation anxiety as experienced by the family of those with terminal illness. It will also equip you with meaning reconstructive tools to support the affected family members in the face of their looming separation from their loved one
Speaker: Dr Carolyn Ng, PsyD, FT, MMSAC, RegCLR
Date & Time of workshop: 12 - 13 August 2020, 9:00am - 5:00pm
Course Fees: Early Bird: \$650.00 (register and pay before 15 July 2020) | Standard: \$725.00
Registration: To register, please visit: https://ahd.com.sg/index.php/training-calendar/professional-development/145-anticipatory-grief-and-loss-ii-journeying-with-the-family-of-those-with-terminal-illness

Title: Grief & Loss in Family (I) : A Systemic & Meaning Reconstruction Perspective
Overview: This 2-day workshop equips you to look at grief and loss through a meaning reconstruction lens and appreciate the systemic impact on the bereaved families. This will also enable you to go beyond the individual perspectives and facilitate the post-loss adjustments and meaning-making attempts within and between all family members, both adults and children.
Speaker: Dr Carolyn Ng, PsyD, FT, MMSAC, RegCLR
Date & Time of workshop: 29 - 30 September 2020
Course Fees: Early Bird: \$650.00 (register and pay before 31 Aug 2020) | Standard: \$725.00
Registration: To register, please visit: https://ahd.com.sg/index.php/training-calendar/professional-development/79-grief-and-loss-in-the-family

Title: An Integrative Model for the Bereaved (Part II) : Rebuilding the Significant Bond in the Shadow of Separation
Overview: This 2-day workshop on an Integrated Model for the Bereaved conceptualizes the impacts of separation through death, based on attachment-related theories and meaning reconstruction. It also introduces the following meaning-oriented tools for clients to rebuild their attachment security and to continue the disrupted bond, including Our Braided Paths, use of Chair Work, and Tree of Legacy.
Speaker: Dr Carolyn Ng, PsyD, FT, MMSAC, RegCLR
Date & Time of workshop: 13 - 14 October 2020
Course Fees: Early Bird: \$650.00 (register and pay before 31 Aug 2020) | Standard: \$725.00
Registration: To register, please visit: https://ahd.com.sg/index.php/integrative-model-for-the-bereaved-ii-rebuilding-the-significant-bond-in-the-shadow-of-separation

For more information on the above workshops, please contact Mr Dave Goh (davegoh@ahd.com.sg) or call 9448 5578.