



**Singapore
Association for
Counselling**

FOR COUNSELLING
AND PSYCHOTHERAPY

2019 ANNUAL REPORT

**Inclusive Practice,
Empowering Community**

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About SAC

The Singapore Association for Counselling (SAC) is the professional body representing counsellors, psychotherapists, counselling educators and students in Singapore. SAC has come a long way – pioneered in 1982 by Mr Anthony Yeo from Counselling and Care Centre together with a small group of counsellors.

Between 1996 – 1999, a Paper was developed by the EXCO to propose standards for the Recognition and Licensing of Professional Counsellors in Singapore. This Paper was presented to the then Ministry of Community Development (MCD) in 1999 but was rejected as the counsellor fraternity was considered too small.

In 1999, Constitutional amendments related to training standards for membership were approved by the Registry of Societies and implemented for new membership applications. Subsequently, the new SAC Code of Ethics was accepted at its Extraordinary General Meeting.

In the year 2000, SAC established new guidelines for the accreditation of counsellor training courses in Singapore to ensure clinical practice and supervision components were adequately in place.

SAC Register of Counsellors was established during its 20th Annual General Meeting in March 2003. The first SAC Website was launched. The SAC Constitution was amended for more clarity on its definition of a trained and qualified counsellor with emphasis on the details of training, practicum, and clinical supervision. To date, we have **371 Registered Counsellors**.

SAC partnered the Ministry of Community Development and Sports, and the National Council of Social Services to develop standard counselling courses. The First Joint Committee meeting involved SAC, NCSS, and SSTI. This was followed by MCYS, SASW and the NUS Social Work Department. The first Course Recognition Manual was launched in December 2005.

New Membership Categories were introduced, and the SAC Constitution went through a major review and update in 2013.

SAC became a full member of the National Council of Social Services (NCSS) since April 2015.

In October 2015, SAC Ethics Manual of Procedures was launched by our Guest of Honour, Minister of State for the Ministry of Health, Dr Amy Khor at our inaugural Symposium attended by 500 delegates.

In 2016, SAC's Register of Clinical Supervisors was established during our 34th Annual General Meeting. The new Clinical Supervision Standards and Procedures document was approved.

SAC also established a New Clinical Supervision Components and Standards for New Clinical Supervisor Applicants and was approved at the 35th AGM in 2017 to be in effect from June 2018.

On 03 November 2017, the new SAC Logo, Website, and Member Portal was launched by Mayor Denise Phua at the half-day 35th Anniversary Conference.

At the end of 2018, the EXCO decided to terminate the Secretariat services with the Singapore Professional Centre. From 01 January 2019, SAC started its own Secretariat services at Work Central Offices Pte Ltd with one full time staff, one part-time staff and Genesis Consulting as our financial services provider.

President's Message

The 25th Executive Committee of the Singapore Association for Counselling is pleased to present its Annual Report 2019.

The outgoing EXCO

The past two (2) years has been an exceptional year of partnering and working with an amazingly dedicated team of elected officers, appointed Board members, volunteer sub-committee members and each one of our SAC members who supported and participated in our different activities and events as highlighted in this Annual Report.

I wish to commend the outgoing elected Executive Committee who served with me over the past two (2) years and some over the past four (4) years when I was elected as the President. I also wish to thank each one of the EXCO members for their dedication and unrelenting commitment to ensure that SAC operates at its optimum and never to slack along the way.

In the 2019 AGM report, you will remember our Treasurer presented the Recovery Task Report, a task that began in 2018 and was completed in mid-2019. A deep appreciation also needs to be mentioned for Ms Audrey Yeo, our Honorary Treasurer who worked diligently with the EXCO, our Finance team and Secretariat to finally close the Recovery Task project.

Everyone worked very hard to ensure that the backend systems work to support the frontline of the practice. Sometimes we may have appeared idealistic, but we have always remained visionary and continue to believe that better days are ahead for SAC.

Commendation to various Boards

Working quietly, behind the scenes are the various Chairpersons and Board members who looked into the mechanics that keep our profession going:

1. Counsellors Education Board
2. Register of Counsellors Board
3. Ethics Board
4. Clinical Supervision Board

I am aware that the Chairpersons and members put in many additional hours to sift through documents and discuss scenarios, conduct interviews as well as coordinate with external parties and our SAC Secretariat in order to pull things together and in the end, make solid and professional decisions. Thank you, everyone for your service to the profession!

Special Thanks to all Sub-Committees

What would SAC look like without the presence and roles of sub-committees? We would be quite a bland organisation! However, I want to give a shout out to all our Sub-Committee members who worked tirelessly to create the dynamic of SAC and to make services and events available for our members.

1. Membership Sub-Committee
2. Community Counsellors Sub-Committee
3. School and College Counsellors Sub-Committee

An Exceptional Thanks to all of you... our Awesome Members!

Finally, I wish to thank each one of you as members of SAC for your professionalism and commitment to uphold the high standards and practices of a good counsellor. SAC is in its 38th year of service to the community and we continue to uphold the high standards in the practice passed on from the vision and legacy of our Founder, Mr Anthony Yeo, and the original members from 1982. I believe your membership with SAC is a clear indication of your confidence and your commitment to the practice of counselling and to SAC! Thank you for your participation in our events and your support given to the Executive Committee 2018-2020.

NOTE: It is a heartening development to see a significant increase in membership applications in 2019 and the first few months of 2020! See page 16 of the Annual Report 2019.

Resignation of Ms Elaine Yap, SAC Manager

It was with a tinge of sadness that we accepted the resignation of Ms Elaine Yap, who left us in September 2019. Elaine had served us with a high level of professionalism and had been a major source of stability when the SAC Office moved from the Singapore Professional Centre to our new office at Clemenceau Avenue. We wish her well in her future career.

End of the Service Contract of Mr Alex Teo

SAC is also thankful for the diligent services of Mr Alex Teo, who served hand-in-hand with our Honorary Treasurer, Ms Audrey Yeo, Ms Sarah Phua, from Genesis Consulting & Solutions, and the SAC Secretariat to contact members to recover membership subscriptions and other overdue payments. Through Mr Alex Teo's diligence and detailed work we are now on top of membership subscriptions and payments. Alex ended his service contract in July 2019.

President's Message

Welcome to Ms Sandra Lim as our new Assistant Manager

We are happy to welcome Ms Sandra Lim, since September 2019, who comes with good work experience in the corporate sector and association work. Sandra has fit into the SAC Secretariat and quickly caught up with the dynamics of the administration, finances, correspondences, membership, website, and portal matters, and EXCO meetings!

Thank you... from my heart!

Finally, I wish to express my sincere thanks to all in SAC for the amazing and awesome privilege to serve you as the President for the past four (4) years! This is my second round of service as the President although I have served in various other positions since 1997. It is always a privilege to serve in SAC. I became a member in 1996 and have been actively serving and involved with SAC since then! I want to invite anyone who is passionate about counselling and want to see this profession continue to mature and become established in Singapore, to step up and serve, support our events, and always practice professionally with - the well-being of the counsellor, the client, and the community - in mind!

Thank you!

Yours truly,



Sam Kuna
President 2018 - 2020

Executive Committee (2018 – 2020)

Sam Kuna – President

Sam Kuna is the Dean of the School of Counselling and an Associate Professor at TCA College, a multi-disciplinary Christian college pioneered by the Trinity Christian Centre, Singapore. Currently the President of the Singapore Association for Counselling (2018 – 2020), Sam is a SAC Registered Counsellor and Registered Clinical Supervisor.

He is a practising family therapist, a sandplay practitioner, as well as addiction counsellor. He is a member of the Association for Marital and Family Therapy (Singapore), and serves as a Board Member with the Asia Pacific Certification Board (APCB), the Asia for Christian Counsellors Association (ACCA) and Advisor to the Association for Christian Counsellors (Singapore).

Sam is also a preacher and an ordained minister with the Assemblies of God of Singapore.

Dr Frederick Low – Vice President

Frederick has held many roles in counsellor education and research in the past decade. As an adjunct faculty with several institutes of higher learning, he contributes to the teaching of counselling and psychology. For those in the field, he is a supervisor, consultant and at times, a trainer. He also serves on editorial boards and scientific committees of scholarly journals and conferences in counselling and psychology.

Frederick presently serves as the Vice President of the Singapore Association for Counselling. He holds the portfolio as Chairman of SAC's Course Recognition Board from 2014 - 2020 and is now working with stakeholders in the field in reviewing the local counsellor education landscape and the future of SAC's role in course recognition and regulation. Frederick is a SAC Registered Counsellor and Registered Clinical Supervisor. He is also a Chartered Psychologist and an Associate Fellow of British Psychological Society.

Toh Hwee Boon – 2nd Vice President

Trained as a scientist, Hwee Boon had been a researcher, technical specialist, involved in theatre and translation work at various stages of her life before starting her counselling journey as a school counsellor in 2007.

Currently the Assistant CEO of the Executive Counselling and Training Academy (ECTA), Hwee Boon still maintains her private practice and her counselling resource company and does clinical supervision. She is a SAC Registered Counsellor and Clinical Supervisor.

She was a Sub-Committee member with SAC and had been involved in initiating liaison in Professional Indemnity coverage, implementing SAC membership cards, writing SAC newsletter and The Savvy Therapist as well as organised SAC new member orientation sessions, SAC Self-Care initiatives, and helped to implement the first SAC Symposium in 2015. Hwee Boon believes strongly in community involvement and collaboration to reach out to people in need in the greater society.

Andy Lam – Honorary Secretary

Andy has worked in the social service sector for more than 10 years. His areas of expertise include the provision of casework services and clinical supervision, improving standards of practice through practice evaluation, and training and organisational development. A SAC Registered Counsellor and Registered Clinical Supervisor, as well as a Registered Social Worker and DISC-certified human behaviour consultant, Andy is also choice theory / reality therapy certified. He was previously the Assistant Director of Viriya Community Services, a voluntary welfare organisation, focusing on practice evaluation and standards within the organisation, sectorial involvement through the participation of workgroups and training, particularly around the Code of Social Work Practice for Family Service Centres in Singapore. Andy is currently a Senior Court Family Specialist with the Family Justice Courts, focusing on family dispute resolution work, extending from his strong belief in systemic principles.

Andy holds a degree in Master of Social Science (Counselling) from the University of South Australia and a Graduate Diploma in Social Work from the Singapore University of Social Sciences (formerly known as SIM University), in addition to a Bachelor of Science with the National University of Singapore.

Silvia Wetherell – Assistant Honorary Secretary

Silvia is a counsellor practising at a private Obstetric clinic at Mount Elizabeth Novena Hospital. Silvia has a special interest in maternal mental health, helping her clients work through pre and postpartum depression and anxiety, pregnancy loss, birth trauma, difficulties with bonding, relationship adjustment, anger management and early parenting issues.

Silvia is a Postpartum Support International Coordinator and Co-founder and facilitator of the free support group for mothers, Mindful Mums. Having been trained in London and with a Master's from Monash University, Silvia practises integratively from a humanistic perspective and incorporates mindfulness and EMDR in her counselling approach. Silvia is a SAC Registered Counsellor and a Professional Member of ACBS (Association for Contextual Behavioural Science) and WAIMH (World Association of Infant Mental Health).

Executive Committee (2018 – 2020)

Audrey Yeo – Honorary Treasurer

Audrey is a lawyer by training, a registered and clinical member of SAC and a sandplay therapist. She has a Master of Laws, Bachelor of Laws, Master of Arts in Counselling and Post Graduate Diploma in Counselling. She is trained and experienced in the use of counselling micro skills and has extensive experience in sand play therapy. She is also an Adjunct Lecturer at TCA College and has a wide experience working with, training and supervising counselling students.

She has extensive work experience as a legal adviser in corporate work and advised company board members in public listed companies. She has previous experience working as a counsellor. Currently, Audrey has her own private practice, Peaceful Change Counselling, as its founder and owner. She has worked with families, couples, adult individuals, adolescents, and children. She deals mostly with very complex issues across a broad range of concerns. Audrey contributed an extensive amount of time and expertise as a co-opted member of the SAC Code of Ethics Review Committee. In a joint effort with the committee, she helped draft the SAC Code of Ethics. She envisions SAC to be at the forefront of the counselling and psychotherapy profession and hopes to see the impactful presence of SAC in the community.

Au Hoi Ting – Assistant Honorary Treasurer

Hoi Ting has eight (8) years of experience working in the social service sector. She has a Graduate Diploma in Counselling and Master's in Social Work. She had worked seven (7) years as a counsellor in AWWA Family Service Centre and is currently a social worker with Sengkang Family Service Centre.

As both a SAC Registered Counsellor and SASW accredited Social Worker, Hoi Ting works with individuals and multi-stressed families who face various issues such as depression, strained family relationships, parenting issues, family violence, and other intra and interpersonal issues. She has also conducted groupwork for children and workshops to support families in enhancing family relationships. Hoi Ting is also an active volunteer with two non-profit organisations that run specialised programmes for children and families.

Carolyn Lim – Committee Member

Carolyn is a SAC registered Counsellor, a SASW registered Social Worker, and an AMFT Associate Member. She holds a Master's in Counselling (Monash University) and a Master's in Social Work (SUSS). She is currently with Care Corner Counselling Centre. Mainly supporting people in Mental Health, Trauma and Group Therapy for several years with creative humanistic experiential and expressive approaches that enhance the lives of people.

Prior to this, she was with Association of Women for Action and Research (AWARE) and AWWA Family Service Centre.

Giam Xiuhui, Jenny – Committee Member

Jenny holds a Master of Social Science (Counselling) from the University of South Australia and a Postgraduate Diploma in Psychology from James Cook University. In addition, she is a certified Professional Certified Coach with International Coach Federation. Jenny is also a SAC Registered Counsellor and Clinical Supervisor and a Registered Social Service Practitioner with SASW.

Jenny has 12 years of working experience in the social service sector. She has worked with families and individual with complex issues ranging from child protection and behavioural issues, family violence, mental health, financial and marital. At present Jenny works as a Correctional Rehabilitation Specialist at Singapore Prison Services. Jenny also involves in volunteer work with Singapore Army Forces Volunteer Corps as an Auxiliary Counsellor.

Trina Tan – Committee Member

Trina currently is a senior lecturer with Republic Polytechnic and was leading the team as Centre Director of Whampoa Family Service Centre (WFSC).

She is a SAC Registered Counsellor and Registered Clinical Supervisor. She is also a Master Clinical Member with SAC. She holds a Master's in Counselling Psychology.

Report of the Executive Committee 2019

CLINICAL SUPERVISION BOARD – REPORT BY CHAIRPERSON, DR JESSICA LEONG

A Clinical Supervision Board meeting was held on 21 January 2019. The objectives of the meeting was to discuss administrative matters and to deliberate on the most appropriate approach to rationalise the "old" and "new" supervisor recognition standards as well as review the relevance and suitability of the "new" recognition components and qualifying standards that were implemented on July 2018 by SAC. It was noted that under the "old" standards, twenty (20) applications were received between September 2016 and June 2018, of which six (6) were determined to have successfully met the standards. However, under the "new standards" (w.e.f. July 2018), only three (3) applications were received between July 2018 and June 2019, of which none of the applications were determined to have met the required standards.

Having observed a decline in the number of applications and approvals for SAC Registered Clinical Supervisor status, the Supervision Board members key consideration was whether the new standards were realistic and attainable by the majority of the applicants. The matter was raised to the President of SAC and a meeting was subsequently held on 17 April 2019. As a result of the meeting, the current standard for Criteria for Application as SAC Registered Clinical Supervisor was moderated and implemented in July 2019. Between July 2019 and January 2020, only four applications were received of which only three were approved.

The Clinical Supervision Board continues to review applications for SAC Registered Clinical Supervisor status and is committed to advancing the standards of clinical supervision within the professional community of counsellors and psychotherapists in Singapore. Please see table below summarising the transitional changes of the Criteria for Application as SAC Registered Clinical Supervisor.

CRITERIA FOR APPLICATION AS SAC REGISTERED CLINICAL SUPERVISOR

	1st OLD SCHEME <i>(before 30 June 2018)</i>	2nd OLD SCHEME <i>(from 1 July 2018)</i>	CURRENT SCHEME <i>(from Jul 2019)</i>
Academic Qualifications	Minimum Masters' Degree	Minimum Masters' Degree	Minimum Masters' Degree + Current SAC Registered Counsellor + Submission of all certificates, unless available on SAC portal ¹
Practice Hours	Minimum 5 Years of Practice OR Minimum 1000 hours post-graduate Counselling Practice Hours	Minimum 5 to 8 Years of Practice OR Minimum 1350 post-graduate Counselling Practice Hours + Minimum 150 hours of Supervision of Supervisees Hours (Total: 1500 hours)	Minimum 3 Years post SAC Registered Counsellor status + Minimum 1500 post-graduation ² Practice Hours, of which at least 50 hours were for the provision of supervision + Submission of log-sheets ³ and/or summary sheets endorsed by Head of Organisation or equivalent
Supervision Hours	Minimum 100 hours of supervised practice		Minimum 100 hours of supervision received post-graduation ² + To submit log-sheets endorsed by Clinical Supervisor ⁴
Training in Clinical Supervision	Minimum 50 hours	Minimum 150 hours	Minimum 50 hours + Submission of certificates

Report of the Executive Committee 2019

COUNSELLORS EDUCATION BOARD – REPORT BY CHAIRPERSON, DR FREDERICK LOW

2019 was a busy year for the Board. In the beginning of the year, three EXCO members joined the Board as part of our usual renewal process. In October 2019, Mr. Anthony Mok and Ms Constance Thong joined the Board on invitation as representatives from National Council of Social Services – Social Service Institute and Singapore Association for Social Workers, respectively. This brings the total number of members of this Board to eight (8).

In the year under review, the Board implemented new review processes as approved by EXCO. Four (4) individuals with clinical membership or above stepped forward to become the first batch of course reviewers. A course review training was conducted on 3rd July 2019 for all board members and reviewers. Revised fees were also imposed in 2019. By the end of 2019, the Board completed the review of four (4) programmes, with three (3) receiving renewal of recognition.

As at December 2019, the number of SAC recognised counselling programmes stands at ten (10), offered by nine (9) institutions of higher learning. During the year, we were informed by Nanyang Polytechnic that they have ceased offering the Advanced Diploma in Counselling. In the coming year, the Board will continue the renewal for the rest of the institutions and embark on the review of the Course Recognition Scheme / Manual.

Report of the Executive Committee 2019

ETHICS BOARD – REPORT BY CHAIRPERSON, MR BENNY BONG

This report is of the work undertaken by members of the Ethics Board for the period 2018 to 2020.

The members of the Board are:

Chairperson:	Mr Benny Bong
Member	Dr Muni Winslow
Member	Ms Audrey Yeo
Member	Mr Patrick Stephen
Member	Ms Evelyn Koh

Throughout the tenure, members focused on addressing issues and complaints raised by the public with respect to the professional conduct and service of the Profession of Counselling. During this two (2) year period, we received four (4) complaints. Of this number after our initial response one have decided to not pursue the matter raised. The remaining three (3) are still under review by the Board. Needless to say, the work to review these complaints have been somewhat disrupted by the chaos arising from the current pandemic.

Due to the confidential nature of the cases, we are unable, in this Report, to give specific information of the persons involved nor of the nature of the complaint. We are able to share here the key concerns we try to observe with each complaint.

Firstly, we try to respond as quickly as possible to each complaint raised. We assure the complainant that their matter will be looked into as it is our interest to protect clients and the Profession of Counselling by ensuring members conduct themselves to the highest standards. This principle of protection of clients and the Profession is our second concern and each receives equal weightage as much as possible.

In the instance where we have established that the subject of the complaint is not a member of the Association, this Board is unable to look into the matter and advise the complainant of our limitation.

The complainant are asked to sign documents granting us permission to look into the matter and in so doing, details of the complaint and the identity of the complainant will have to be released to the member accused of ill-conduct. This process is needed so that members who are now to act as respondents to these complaints are given the opportunity to do so. The concern here is every accused has the right to offer a response in their defence.

Should the complaint be perceived as one involving a misunderstanding and/or the matter is not a violation of an Ethical Code, parties are advised to resolve it amicably. If there is a probability that an Ethical Code has been violated, the Board will advise the SAC Executive Committee to convene an investigation.

In carrying out our work, members took reference from the SAC Ethics Manual of Procedures laid down by previous Boards. As we have opportunities to apply them, we are of the opinion that it is timely that these procedures be reviewed. It is therefore our recommendation that the forthcoming Ethics Board review this as it is foreseeable as the Profession grows in numbers and the community increase in the use of Counselling services.

Report Prepared By:
Benny Bong
10 June '20

Report of the Executive Committee 2019

REGISTER OF COUNSELLORS BOARD – REPORT BY CHAIRPERSON, MS JENNY GIAM

Year	Total Applications Reviewed		No. of Approvals		No. of meetings	Remarks
	New	Renewal	New	Renewal		
2016	No data	No data	No data	No data	No data	In late 2016, the Board commenced work and began reviewing applications for registration as SAC Registered Counsellors. During this transition period, the Board met and reviewed applications which were not reviewed by the Executive Committee. The Board aims to be fully taken over the review process from the Executive Committee for all new registration applications as well as Registered Counsellor renewals in the later part of 2017.
2017	No data	No data	No data	No data	No data	
2018 (June onwards)	54	72	39	62	5	<p>Points of discussions / future direction:</p> <ul style="list-style-type: none"> a) For renewal applications, the board would request log sheets randomly from applicants b) Renewal Reminder for applicants whose membership to be due c) For new applications, if their clinical supervision are by non-SAC clinical supervisors, applicants are required to submit the CV of their supervisors for the board to review
2019	83	163	44	126	9	

Report of the Executive Committee 2019

COMMUNITY COUNSELLORS SUB-COMMITTEE – REPORT BY CHAIRPERSON, MR JOACHIM LEE

Preamble

The aims and objectives of the Community Counsellors Sub-Committee (thereafter referred to as "Sub-Committee") of the Singapore Association for Counselling (SAC) are as follow:

- To seek to hear and understand professional needs and concerns regarding community counsellors in Singapore
- To be sensitive to the systemic changing landscapes and dynamics within the context of community counsellors; and thereafter,
- To promote the professional interests and development of community counsellors

Survey on Systemic Approach to Clinical Supervision – Part 2

As a continuation of the 2017 supervision training organised by the Community Counsellors Sub-Committee, participants requested for a Level 2 hands-on continuation of the training. The Sub-Committee after further discussion in 2018, aims to value-add to the professional development of community counsellors by proposing to organise a Level 2 supervision training to further build and enhance competencies and capabilities of SAC supervisors and aspiring supervisors. Unfortunately, an online survey conducted in 2019 indicated a low take-up rate for the training, likely due to the increase in clinical supervision related workshops and conferences in 2018-2019.

Online Needs Survey with Community Counsellors – Upcoming

In view of the changing landscape in the community, the Sub-Committee will be utilising an online mode to conduct a needs survey with community counsellors. This would allow the Sub-Committee to be updated of current expressed needs and to identify opportunities for better synergising.

Supervision Group – Upcoming

The Sub-Committee will explore organising a supervision group of affordable rates by experienced supervisors in the field as a form of giving back to the profession.

The objectives of the Supervision Group are:

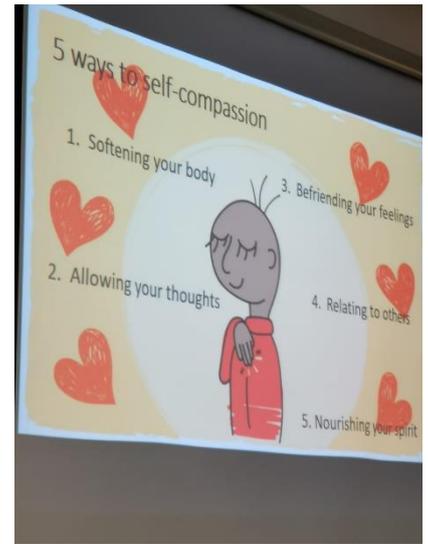
1. At the forefront, to provide affordable group supervision for members in augmenting SAC's ongoing effort to bolster the availability of supervision training in the community
2. To continually equip current SAC members who are providing supervision with the art and craft of the trade; and
3. To encourage professional networking and peer support.

Report of the Executive Committee 2019

MEMBERSHIP SUB-COMMITTEE - REPORT BY CHAIRPERSON, MS AU HOI TING

In 2019, Membership Subcommittee organised three (3) events for SAC members, two for members' self-care and one for new members.

On 4th October 2019, Membership sub-committee invited senior counsellor Ms Bettina Yeap from Care Corner Counselling Centre to give a presentation on Self-Compassion and Self-Care. Twelve (12) participants came together in a safe space to reflect on the idea of self-compassion. They also partook in activities to experience self-compassion.



On 11th October 2019, a New Members' Orientation was organised. Our SAC President, Vice President, Honorary Treasurer and an EXCO committee member welcomed nineteen (19) new members. They had the opportunity to network with fellow members as well as learn about the history and vision of SAC.



On 7th November 2019, a senior counsellor, Ms Tan Siew Foong organised a workshop for SAC members. Nineteen (19) participants joined us in "From Secularity to Spirituality" to explore their spiritual beliefs and how these impacts their life and work as counsellors.

Report of the Executive Committee 2019

RESEARCH AND PUBLICATION SUB-COMMITTEE – REPORT BY CO-CHAIRPERSON, DR FREDERICK LOW

In the 4th quarter of 2019, the Executive Committee established a Research & Publication sub-committee. The sub-committee was tasked to develop and carry out a strategic plan to enhance promotion and dissemination of local counselling and related research. Members of the committee includes counsellor-educators and researchers from local universities, rehabilitation, healthcare, and social services.

Report of the Executive Committee 2019

SCHOOL & COLLEGE COUNSELLORS SUB-COMMITTEE – REPORT BY CHAIRPERSON, DR ADA CHUNG

The Sub-Committee hosted an event Future Trends of Technology & Counselling during this period.

On 20th November 2019 (Wednesday), twelve (12) participants discussed and exchanged their experiences through peer sharing. The sharing session aimed to increase awareness and impact of technology on counselling and equip our members to familiarise with relevant resources.

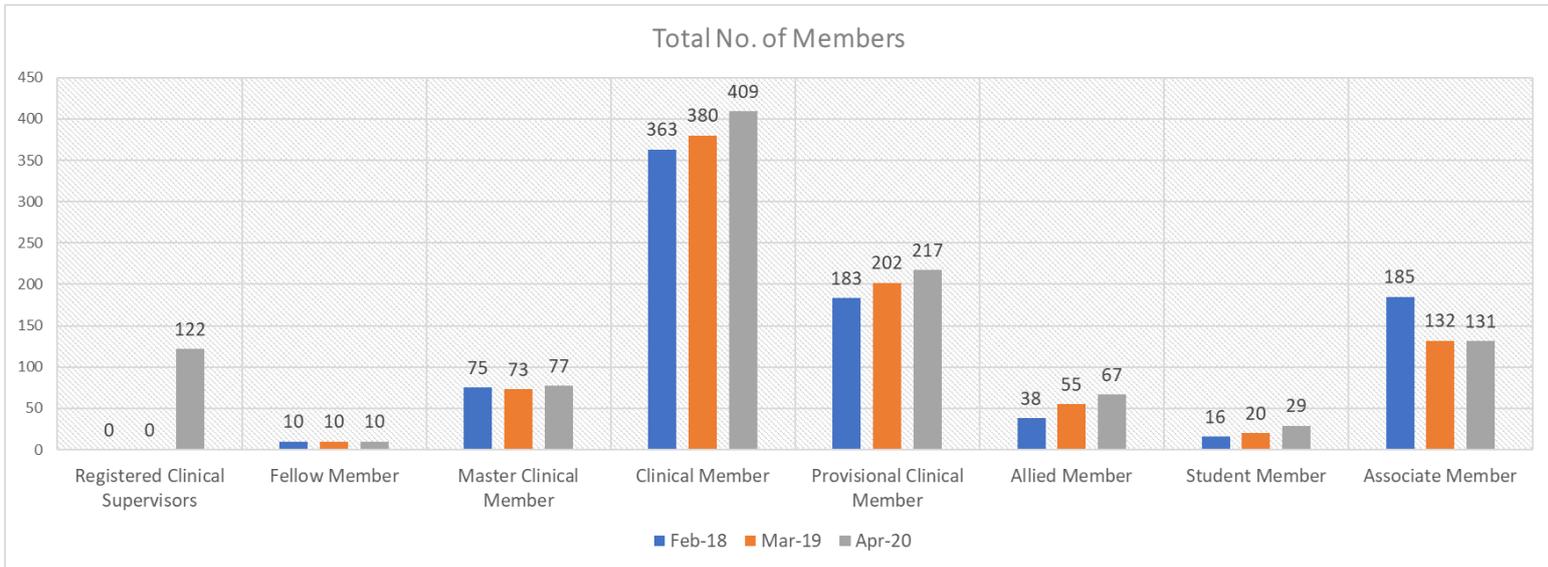
The members discussed the following Guiding Questions:

- 1) What's happening in the Present and in the past five (5) years in the areas of technology and counselling?
- 2) What type of issues people may have?
- 3) How technology impacts your counselling practice?
- 4) What resources could you recommend?

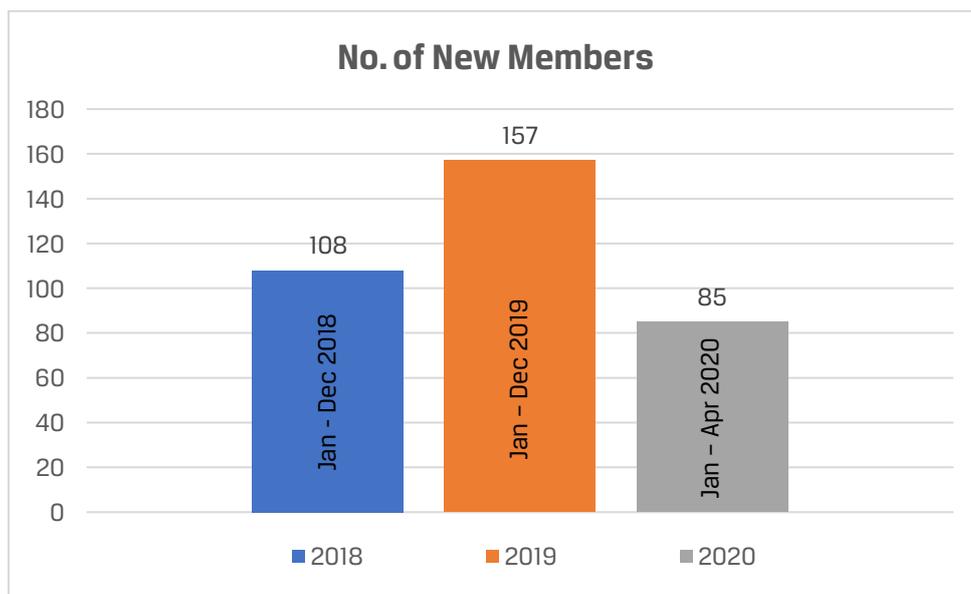
Participants had a fruitful discussion and shared their views and experiences in using technology in their counselling practice. This was the first event of this current subcommittee, we do hope to create a cultural of sharing and learning, and plan for more events in the future.



Membership Strength as at 30th April 2020



Membership Categories		Feb-18	Mar-19	Apr-20
	Registered Clinical Supervisors	0	0	122
Category A:	Fellow Member	10	10	10
Category B:	Master Clinical Member	75	73	77
Category C:	Clinical Member	363	380	409
Category D:	Provisional Clinical Member	183	202	217
Category E:	Allied Member	38	55	67
Category F:	Student Member	16	20	29
Category G:	Associate Member	185	132	131
TOTAL:		870	872	940



Total no. of new members	2018	2019	2020*
	108	157	85

*as at 22nd April 2020

Minutes of the 37th Annual General Meeting held on 29th March 2019

**Minutes of 37th Annual General Meeting
of Singapore Association for Counselling (SAC)
Held on 29 March 2019 at
Venus I, Furama Riverfront, 405 Havelock Road
Singapore 169633**

1.	Opening Address
1.1	Annual General Meeting (AGM) commenced at 8pm with a warm welcome by Emcee Mr. Leonard Kwek.
1.2	Number of attendees: 82 (refer to Annex A) Voting Members: 70 Non-Voting Members: 12 As such, quorum was achieved to commence with the AGM.
1.3	Mr. Sam Kuna, President of SAC and Chairman of AGM presented the agenda for the 37 th AGM: <ol style="list-style-type: none"> 1. To approve the Minutes of the 36th Annual General Meeting held on 23 March 2018 2. To receive the Annual Report 2018 3. To receive the Financial Report 4. To consider and if thought fit, to pass the resolution for the proposed amendments to the SAC Constitution (Resolution 1) 5. To consider and if thought fit, pass the proposed Resolution 2 6. To transact any other business
2.	Annual Report
2.1	Chairman presented the following key highlights from the Annual Report 2018: <ol style="list-style-type: none"> 1. New office premises at Work Central Offices Pte Ltd, 190 Clemenceau Avenue, #06-01 Singapore 239924 since January 2019. 2. Hiring of Ms. Elaine Yap as SAC Assistant Manager and Secretariat, Mr. Alexander Teo as a Temporary Recovery Executive, and Ms. Sarah Puah from Genesis Consulting Firm for the management of SAC finances. 3. Expressed appreciation to Singapore Professional Centre for providing secretarial service and Mr. Anthony Ow for managing SAC's administrative systems and finances for the past 6 years. 4. SAC Appreciation Dinner for founding members, long-serving EXCO and Sub-Committee members of SAC held on 29 June 2018. 5. Counsellor Educators Networking Event. 6. SAC TechFest with Central Singapore CDC on 02 November 2018. 7. 4 Peer Learning Sessions 8. Membership Strength: 872 members of which 380 are Registered Counsellors. There are 107 new members in 2018.
2.2	Proposed for Acceptance: Dr Chan Pei See Joyce, B0033 Seconded for Acceptance: Mr. Quek Jwee Leng Edwin, B0025 Voting Members were all in agreement, with no objection or abstention.
3.	Acceptance of Minutes of the 36th Annual General Meeting 2018
3.1	Members accepted the Minutes of the 36 th Annual General Meeting held on 23 th March 2018, without amendments.
3.2	Proposed for Acceptance: Mr. Joshi S/O Chandrasenan, C0217 Seconded for Acceptance: Mr. Adrian Lim Peng Ann, B0028 Voting Members were all in agreement, with no objection or abstention.
4.	Financial Report 2018
4.1	Ms. Audrey Yeo, Honorary Treasurer of SAC, in the presence of Mr. Dubey Ram Narain, Honorary Auditor, presented the financial statement for the year ended 31 December 2018, emphasising on the following figures: <ul style="list-style-type: none"> • Income: \$119,171 <ul style="list-style-type: none"> ○ Membership subscriptions: \$108,871 ○ Course recognition fees: \$4,583 ○ Email blast fees: \$13,700 • Assets: \$294,388

	<ul style="list-style-type: none"> Expenditures \$87,900 Balance as at 31 December 2018: \$257,442
4.2	<p>Mr. Dubey Ram Narain, Honorary Auditor made comments following two observations:</p> <ol style="list-style-type: none"> That any payments made to SAC must include membership number so that the Accountant and Secretariat can trace the payment accurately. Professional Indemnity (PI) Issue – Members are reminded to pay up for PI.
4.3	Mr. Jeremiah Deng, C0178, enquired about the Innovation and Productivity Grant which was not given in 2018. Ms. Audrey Yeo clarified that it is a one-time off grant by NCSS for the setup of the IT system.
4.4	<p>The Financial Report 2018 was presented to members for acceptance.</p> <p>Proposed for Acceptance: Ms Toh Hwee Boon, B0070</p> <p>Seconded for Acceptance: Ms Rose Faquir, C0245</p> <p>Voting Members were all in agreement, with no objection or abstention.</p>
4.A	Recovery Task Report
4.A.1	<p>Ms. Audrey Yeo, Honorary Treasurer of SAC presented the recovery task report, emphasising on the following points:</p> <ul style="list-style-type: none"> Carried out between July 2018 to March 2019 with the objective to recover SAC receivables of \$76,935.63. The receivables comprised mainly membership subscription fees and professional indemnity insurance premiums which were accumulated since 2012. To-date, SAC has recovered a sum of \$22,727.22. The balance amount which SAC had to disregard amounted to \$47,399.99. As at 31 December 2018, there is an outstanding sum of \$6,468 owing by individuals to SAC. These monies were paid by the SAC on behalf of the individuals to the insurers for professional indemnity coverage of these individuals. This amount is not recoverable as the individuals were not aware of such insurance arrangements and they did not give their consent. SAC would no longer pay upfront to insurers but would instead ensure that individuals have agreed to be part of the insurance coverage and have paid their premiums before insurance coverage can take effect for them. <p>Proposed for Acceptance: Mr Bryan Crucis Shen Shuyliang, B0063</p> <p>Seconded for Acceptance: Ms Mabel Sim Siew Choo, C0215</p>
4.A.2	Voting Members were all in agreement, with no objection or abstention.
5.	Resolution 1
5.1	<p>Dr Fredrick Low, Vice-President of SAC and Resolutions Chairman presented Resolution 1 as follow:</p> <ul style="list-style-type: none"> NOTED that there is a need to update the Association's Constitution in the sections - 'Name and Place of Business', 'SAC Register of Counsellors' and 'Organisation and Administration of the Association'. NOTED FURTHER that there is a need to update the Association's Constitution to adjust for fluency and clarity. BE IT RESOLVED that the proposed amendments in Exhibit A submitted to this meeting be and are hereby approved and accepted. <p>Proposed for Acceptance: Mr Dubey Ram Narain, C0284</p>
5.2	<p>Seconded for Acceptance: Mr Goh Tian Seah Richard, C0248</p> <p>Voting Members were all in agreement, with no objection or abstention.</p>
6.	Resolution 2
6.1	<p>Dr Fredrick Low, Vice-President of SAC and Resolutions Chairman presented Resolution 2 as follow:</p> <ul style="list-style-type: none"> NOTED that there is a need to revise the annual subscription payable by Retired Members (defined as "at least 65yo and retired from fulltime paid employment") and Student Members (defined as "any Student who is undertaking a SAC recognised course at the time of application" and that application is to be accompanied by a confirmation of studentship in writing from the educational institution in which he/she is enrolled) to 50% of current rate payable by members of all other categories to reflect a more current context. BE IT RESOLVED that the proposed revision submitted to this meeting be and are hereby approved and accepted.
6.2	<p>Ms. Toh Hwee Boon, B0070 queried if discount will also be applicable for retired members for other fees (e.g. Registered Counsellor, Registered Clinical Supervisor, Professional Indemnity, etc.). Mr. Andy Lam, Honorary Secretary of SAC clarified that the 50% discount is only applicable to membership fees. All other fees are to be paid as per normal rates.</p> <p>Proposed for Acceptance: Mdm Teoh Tan Ping Angeline, C0223</p>

6.3	Seconded for Acceptance: MsTan Mui Lee Doreen, C0201P Voting Members were all in agreement, with no objection or abstention.
7.	Any Other Business
7.1	Mr. Sam Kuna, President of SAC and Chairman of AGM updated members of the following: <ol style="list-style-type: none"> 1. The EXCO proposes to call for an Extraordinary General Meeting at a date to be confirmed. The purpose of the meeting is to discuss and decide on the review of the clinical supervision components and qualifications standards whose implementation were suspended in 2018. 2. Clinical Supervision Standing Committee has been renamed to Clinical Supervision Board which will be chaired by Dr Jessica Leong. 3. Course Recognition Board has been renamed to Counsellors' Education Board which will be chaired by Dr Frederick Low. 4. Resignation of 2 Elected EXCO members, Ms. Celine Edmund (Assistant Honorary Treasurer) and Dr Jessica Leong (Committee Member). The EXCO had unanimously agreed for Ms. Au Ho Ting to take on the position of Assistant Honorary Treasurer. In addition, Ms. Hema Gurnani and Ms. Jenny Giam have been co-opted as Elected Committee Members of the EXCO.
8.	Concluding Statement by Chairman
8.1	Mr. Sam Kuna, President of SAC and Chairman of AGM expressed special thanks to: <ul style="list-style-type: none"> • Secretariat, Ms. Elaine Yap and Accountant, Ms. Sarah Phua • Recovery Task, Ms. Audrey Yeo and Mr. Alex Teo • Emcee, Mr. Leonard Kwek • Membership Sub-Committee Members • Community Counsellors Sub-Committee Members • EXCO Members • Furama Hotel
9.	Closure of AGM 2019
9.1	As there were no other matters, the Chairman declared that the AGM to be closed at 9:30pm.

Minutes Prepared By: Ms. Jenny Giam (C0286)

Vetted By:

Andy Lam, Honorary Secretary (2018 – 2020)

Sam Kuna, President (2018 – 2020)

Financial Statements

SINGAPORE ASSOCIATION FOR COUNSELLING

(Co. Reg. No: S83SS0024D)

AUDITED FINANCIAL STATEMENTS

FOR THE FINANCIAL YEAR ENDED

31 December 2019

Financial Statements

SINGAPORE ASSOCIATION FOR COUNSELLING
S83SS0024D
General Information

Executive Committee Members

Sam Kuna	<i>President</i>
Dr Frederick Low	<i>Vice President</i>
Toh Hwee Boon	<i>2nd Vice President</i>
Yeo Audrey	<i>Hon. Treasurer</i>
Lam Kee Soon Andy	<i>Hon. Secretary</i>
Au Hoi Ting	<i>Asst. Hon. Treasurer</i>
Silvia Wetherall	<i>Asst. Hon. Secretary</i>
Carolyn Lim	<i>Member</i>
Trina Tan	<i>Member</i>
Hema Gurnani	<i>Member</i>
Jenny Giam	<i>Member</i>

Registered Office

190 Clemenceau Avenue
 #06-01, Work Central Offices
 Singapore 239924

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Statement of the Executive Committee	1
Report of the Auditor to the Members	2
Statement of Income and Expenditure	3
Statement of Financial Position	4
Statement of Changes in Accumulated Fund	5
Statement of Cash Flows	6
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Financial Statements

**SINGAPORE ASSOCIATION FOR COUNSELLING
S83SS0024D
STATEMENT OF THE EXECUTIVE COMMITTEE
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2019**

The Executive Committee is pleased to present their statement to the members together with the audited financial statements of Singapore Association For Counselling (the 'Association') for the financial year ended 31 December 2019.

1. Opinion of the Executive Committee

In the opinion of the Executive Committee,

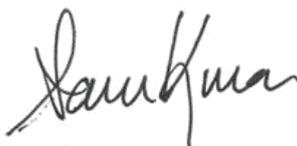
- (a) the financial statements of the Association are drawn up so as to give a true and fair view of the financial position of the Association as at 31 December 2019 and the statement of income and expenditure, changes in accumulated fund and cash flows of the Association for the year then ended; and
- (b) at the date of this statement, there are reasonable grounds to believe that the Association will be able to pay its debts as and when they fall due.

2. Executive Committee

The Executive Committee of the Association in office at the date of this statement are:

Sam Kuna
Dr Frederick Low
Toh Hwee Boon
Yeo Audrey
Lam Kee Soon Andy
Au Hoi Ting
Silvia Wetherall
Carolyn Lim
Trina Tan
Hema Gurnani
Jenny Giam

On behalf of the Executive Committee,



Sam Kuna
President



Yeo Audrey
Hon. Treasurer

Singapore
11 March 2020

Financial Statements

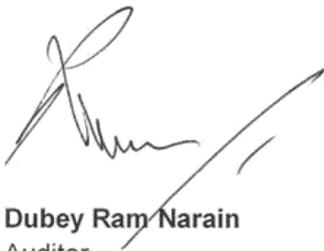
SINGAPORE ASSOCIATION FOR COUNSELLING
S83SS0024D
REPORT OF THE AUDITOR TO THE MEMBERS
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2019

1. Opinion

I have audited the accompanying financial statements of the Association comprising the statement of financial position as at 31 December 2019, statement of income and expenditure and statement of changes in accumulated fund and statement of cash flows for the year then ended.

In my opinion,

- (a) the financial statements of the Association are drawn up so as to give a true and fair view of the financial position of the Association as at and the statement of income and expenditure, changes in accumulated fund and cash flows of the Association for the year then ended; and
- (b) the accounting and other records required by the regulations enacted under the Societies Act to be kept by the Institute have been properly kept in accordance with those regulations.



Dubey Ram Narain
Auditor

Singapore
11 March 2020

Financial Statements

SINGAPORE ASSOCIATION FOR COUNSELLING
S83SS0024D
STATEMENT OF INCOME AND EXPENDITURE
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2019

	Notes	2019 S\$	2018 S\$
INCOME			
Membership subscriptions (incl RC & CS fees)		120,199	108,871
Course Recognition Fees		13,125	4,583
Advertising Income		19,288	13,700
Other Income		19,499	-
Members activities/projects	4	(238)	(8,296)
Total Trade Income		171,873	118,858
OTHER INCOME			
Interest Income	5	1,462	226
Government Grants		-	87
Total Income		173,335	119,171
EXPENDITURE			
Administrative support		6,907	5,048
Accounting fees		8,040	30,000
Bank charges		296	204
Computer expenses & software		1,201	209
CPF contribution		6,190	4,924
Depreciation		8,794	-
General expenses		184	269
Fines & penalties		13	-
Internet/website		15,094	1,334
Insurance		1,248	-
Meeting expenses - Exco & Subcomm		1,719	396
Meeting expenses - AGM		6,474	6,650
Office & equipment rental		8,111	1,494
Postage and courier		180	190
Printing and stationery		519	2,649
Refreshments		318	-
Salaries		36,409	31,571
Skills development fund		89	73
Subscriptions		556	800
Telephone		902	1,305
Transportation		633	784
Total Expenditure		103,877	87,900
Net Surplus/(Deficit)		69,458	31,271
Income tax expense	6	7,712	1,764
Total Surplus/(Deficit) after tax		61,746	29,507

The accompanying accounting policies and explanatory information form an integral part of the financial statements.

Financial Statements

SINGAPORE ASSOCIATION FOR COUNSELLING
S83SS0024D
STATEMENT OF FINANCIAL POSITION
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2019

	Notes	2019 S\$	2018 S\$
ASSETS			
Fixed assets	7		
Computer Equipment		1,692	-
Less: Acc Dep on Computer Equipment		(1,692)	-
Systems & Software		21,300	
Less: Acc Dep on Systems & Software		(7,100)	-
		14,200	-
Current assets			
Cash and cash equivalents	8	358,284	281,696
Trade receivables	9	726	6,468
Deposits		602	3,237
Prepayments		2,615	2,987
Other receivables	10	11,875	-
		374,102	294,388
Total assets		388,302	294,388
ACCUMULATED FUND AND LIABILITIES			
Accumulated fund		319,188	257,442
Current liabilities			
Income tax payable		7,712	-
Trade and other payables	11	61,402	36,946
		69,114	36,946
Total accumulated fund and liabilities		388,302	294,388

The accompanying accounting policies and explanatory information form an integral part of the financial statements.

Financial Statements

SINGAPORE ASSOCIATION FOR COUNSELLING
S83SS0024D
STATEMENT OF CHANGES IN ACCUMULATED FUND
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2019

	2019	2018
	S\$	S\$
	S\$	S\$
Balance at the start of the year	257,442	227,935
Surplus/(Deficit) for the period after taxation	61,746	29,507
Balance at the end of the year	319,188	257,442

The accompanying accounting policies and explanatory information form an integral part of the financial statements.

Financial Statements

SINGAPORE ASSOCIATION FOR COUNSELLING
S83SS0024D
STATEMENT OF CASH FLOWS
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2019

	2019 S\$	2018 S\$
Cash flows from operating activities		
Profit before tax	69,458	31,271
Adjustment for:		
Dep of Property, plant and equipment under s19a	8,794	-
Operating profit before working capital changes	78,252	31,271
<u>Changes in working capital :</u>		
Trade receivables	5,742	13,238
Other receivables and prepayments	(8,868)	(5,643)
Trade and other payables	24,456	14,732
Cash generated from operations	99,582	53,598
Income tax paid	-	(1,764)
Net cash flows from operating activities	99,582	51,834
Cash flows from investing activities		
Acquisition of property, plant and equipment	(22,994)	-
Net cash flows used in investing activities	(22,994)	-
Cash flows from financing activities		
Net cash flows used in financing activities	-	-
Net increase in cash and cash equivalents	76,588	51,834
Cash and cash equivalents at beginning of financial year	281,696	229,862
Cash and cash equivalents at end of financial year	358,284	281,696

The accompanying accounting policies and explanatory information form an integral part of the financial statements.

Financial Statements

SINGAPORE ASSOCIATION FOR COUNSELLING
S83SS0024D
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2019

These information form an integral part and should be read in conjunction with the accompanying unaudited financial statements.

1 General

The Association (UEN. No. S83SS0024D) is registered in Singapore under the Societies Act, Cap 311 with its registered office and principal place of business at 190 Clemenceau Avenue #06-01, Work Central Offices Singapore 239924.

The Singapore Association for Counselling is a professional body representing the interests of counsellors and psychotherapists in Singapore, including generating knowledge sharing and establishing best practice standards, to generate continued growth of the profession to meet the interests of clients.

2. Summary of significant accounting policies

2.1 Basis of preparation

The financial statements of the Association have been drawn up in accordance with Singapore Financial Reporting Standards ("FRS"). The financial statements have been prepared on the historical cost basis except as disclosed in the accounting policies below.

The financial statements are presented in Singapore Dollars (S\$), which is the Association's functional currency.

2.2 Adoption of new and revised standards

The accounting policies adopted are consistent with those of the previous financial year except in the current financial year, the Association has adopted all the new and revised standard which are relevant to the Association and are effective for annual financial periods beginning on or after 31 December 2019. The adoption of these standards did not have any material effect on the financial statements.

2.3 Standards issued but not yet effective

A number of new standards, amendments to standards and interpretations are issued but effective for annual periods beginning after 31 December 2019, and have not been applied in preparing these financial statements. The Association does not plan to early adopt these standards.

Financial Statements

SINGAPORE ASSOCIATION FOR COUNSELLING
S83SS0024D
NOTES TO THE FINANCIAL STATEMENTS (Continued)
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2019

2. Summary of significant accounting policies (Continued)

2.3 Standards issued but not yet effective (Continued)

The following standards that have been issued but not yet effective are as follows:

Description	Effective for annual periods beginning on or after
Amendments to FRS 109, FRS 39, and FRS 107: Interest Rate Benchmark Reform	1 Jan 2020
FRS 117: Insurance Contracts	1 Jan 2021
Amendments to FRS 103: Definition of a Business Negative Compensation	1 Jan 2020
Amendments to the Conceptual Framework in FRS Standards	1 Jan 2020
Amendments to FRS 1 and FRS 8: Definition of Material	1 Jan 2020
Amendments to FRS 110 and FRS 28: Sale or Contribution of Assets between an Investor and its Associate or Joint Venture	Date to be determined

The Executive Committee accepts that the adoption of the standards above will have no material impact on the financial statements in the period of initial application.

2.4 Property, plant and equipment

All items of property, plant and equipment are initially recorded at cost. Subsequent to recognition, property, plant and equipment are measured at cost less accumulated depreciation and any accumulated impairment losses. The cost of property, plant and equipment includes its purchase price and any costs directly attributable to bringing the asset to the location and condition necessary for it to be capable of operating in the manner intended by management. Dismantlement, removal or restoration costs are included as part of the cost of property, plant and equipment if the obligation for dismantlement, removal or restoration is incurred as a consequence of acquiring or using the property, plant and equipment.

Depreciation is calculated using the straight-line method over their estimated useful lives. Depreciation is recognised from the date that the property, plant and equipment are installed and are ready for use, or in respect of internally constructed assets, from the date that the asset is completed and ready for use.

The estimated useful lives are as follows:

	<u>Useful lives</u>
Assets below S\$2,000	12 months
Assets above S\$2,000	36 months

Financial Statements

SINGAPORE ASSOCIATION FOR COUNSELLING
S83SS0024D
NOTES TO THE FINANCIAL STATEMENTS (Continued)
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2019

2. Summary of significant accounting policies (Continued)

2.5 Financial instruments

a) Financial assets

Initial recognition and measurement

Financial assets are recognised when, and only when, the Association becomes a party to the contractual provisions of the financial instrument. The Association determines the classification of its financial assets at initial recognition.

When financial assets are recognised initially, they are measured at fair value, plus, in the case of financial assets not at fair value through profit or loss, directly attributable transaction costs.

De-recognition

A financial asset is derecognised when the contractual right to receive cash flows from the asset has expired. On de-recognition of a financial asset in its entirety, the difference between the carrying amount and the sum of the consideration received and any cumulative gain or loss that has been recognised in other comprehensive income is recognised in profit or loss.

b) Financial liabilities

Initial recognition and measurement

Financial liabilities are recognised when, and only when, the Association becomes a party to the contractual provisions of the financial instrument. The Association determines the classification of its financial liabilities at initial recognition.

All financial liabilities are recognised initially at fair value plus in the case of financial liabilities not at fair value through profit or loss, directly attributable transaction costs.

De-recognition

A financial liability is de-recognised when the obligation under the liability is discharged, cancelled or expires. When an existing financial liability is replaced by another from the same lender on substantially different terms, or the terms of an existing liability are substantially modified, such an exchange or modification is treated as a de-recognition of the original liability and the recognition of a new liability, and the difference in the respective carrying amounts is recognised in profit or loss.

Financial Statements

SINGAPORE ASSOCIATION FOR COUNSELLING
S83SS0024D
NOTES TO THE FINANCIAL STATEMENTS (Continued)
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2019

2. Summary of significant accounting policies (Continued)

2.6 Cash and cash equivalents

Cash and cash equivalents comprise cash at banks and on hand and are subject to an insignificant risk of changes in value. These also include bank overdrafts that form an integral part of the Company's cash management.

2.7 Provisions

General

Provisions are recognised when the Company has a present obligation (legal or constructive) as a result of a past event, it is probable that an outflow of resources embodying economic benefits will be required to settle the obligation and the amount of the obligation can be estimated reliably.

2.8 Government grants

Government grants are recognised when the grant is received and all attaching conditions are complied with.

2.9 Employee benefits

a) Defined contribution plans

The Association makes contributions to the Central Provident Fund scheme in Singapore, a defined contribution pension scheme. Contributions to defined contribution pension schemes are recognised as an expense in the period in which the related service is performed.

b) Short-term employee benefits

Short-term employee benefit obligations are measured on an undiscounted basis and are expensed as the related service is provided. A liability is recognised for the amount expected to be paid if the Association has a present legal or constructive obligation to pay this amount as a result of past service provided by the employee, and the obligation can be estimated reliably.

2.10 Revenue recognition

Revenue is recognised to the extent that it is probable that the economic benefits will flow to the Company and the revenue can be reliably measured, regardless of when the payment is made. Revenue is measured at the fair value of consideration received or receivable, taking into account contractually defined terms of payment and excluding taxes or duty.

Financial Statements

SINGAPORE ASSOCIATION FOR COUNSELLING
S83SS0024D
NOTES TO THE FINANCIAL STATEMENTS (Continued)
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2019

2. Summary of significant accounting policies (Continued)

2.10 Revenue recognition (Continued)

a) Rendering of services (Advertising & Course Recognition)

Revenue from rendering of services is recognised when the services have been confirmed or performed and rendered, and when there is transfer of significant risks and rewards of the services rendered to the customer. Revenue is not recognised to the extent where there are significant uncertainties regarding recovery of the consideration due, associated costs or the cancellation of services.

b) Membership subscriptions

Membership subscriptions are recognised upon the approval of membership subscriptions. Membership subscription fees are not recognised to the extent where there are significant uncertainties regarding recovery of the consideration due.

c) Member activities/projects

Income from member activities/projects are recognised at net of collections (if any), less direct expenses incurred on such activities/projects.

d) Interest income

Interest income is recognised on a time proportion basis using the effective interest method.

2.11 Taxes

a) Current income tax

Current income tax assets and liabilities for the current and prior periods are measured at the amount expected to be recovered from or paid to the taxation authority. The tax rates and tax laws used to compute the amount are those that are enacted or substantively enacted at the reporting date.

3. Significant accounting judgments and estimates

The management is of the opinion that there are no significant judgments made in applying accounting estimates and policies that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

Financial Statements

SINGAPORE ASSOCIATION FOR COUNSELLING
S83SS0024D
NOTES TO THE FINANCIAL STATEMENTS (Continued)
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2019

4. Members' Activities/Projects

The net income/(deficit) from members' activities/projects were as follows:

Activities	Income S\$	Expenses S\$
2019		
SAC Peer Learning Series #4 on 22/02/2019	130	(111)
SAC Peer Learning Series #5 on 26/04/2019	90	(56)
Self compassion workshop on 4/10/2019	130	(159)
SAC new members' welcome on 11/10/2019	-	(242)
Secularity to spirituality workshop on 8/11/2019	220	(263)
Future trends of technology on 20/11/2019	75	(52)
	<u>645</u>	<u>(883)</u>
Net income/(deficit) from activities/projects		<u>(238)</u>
2018		
	<u>1,158</u>	<u>(9,454)</u>
Net income/(deficit) from activities/projects		<u>(8,296)</u>

5. Interest Income

Interest income is earned from short-term fixed deposits placed with DBS and Maybank (2018: DBS). The interest rate on these short-term fixed deposits range from 0.15%-2.0% (2018: 0.15%-1.4%) per annum.

6. Income tax expense

The major components of income tax expense recognised in profit or loss for the years ended 31 December 2019 were:

	2019 S\$	2018 S\$
Current income tax		
- Current year	5,479	1,764
- Under/(over)provision in respect of prior years	2,233	-
	<u>7,712</u>	<u>1,764</u>

Financial Statements

SINGAPORE ASSOCIATION FOR COUNSELLING
S83SS0024D
NOTES TO THE FINANCIAL STATEMENTS (Continued)
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2019

7. Property, plant and equipment

	Computer Equipment S\$	Systems & Software S\$
Cost		
At 1 January 2019	-	-
Additions	1,692	21,300
Disposals	-	-
At 31 December 2019	<u>1,692</u>	<u>21,300</u>
Accumulated Depreciation		
At 1 January 2019	-	-
Depreciation	1,692	7,100
Disposals	-	-
At 31 December 2019	<u>1,692</u>	<u>7,100</u>
Carrying amount		
At 31 December 2019	<u>-</u>	<u>14,200</u>
At 31 December 2018	<u>-</u>	<u>-</u>

8. Cash and cash equivalents

	2019 S\$	2018 S\$
Cash at banks	208,247	232,011
Fixed deposits	150,037	49,685
	<u>358,284</u>	<u>281,696</u>

9. Trade receivables

	2019 S\$	2018 S\$
Trade receivables		
Third parties		-
Members	726	6,468
	<u>726</u>	<u>6,468</u>

Trade receivables are non-interest bearing and are generally on 30 days' terms.

As at year end, none of the Association's trade receivables are past due nor impaired. There is no other class of financial assets that is past due and/or impaired.

Financial Statements

SINGAPORE ASSOCIATION FOR COUNSELLING
S83SS0024D
NOTES TO THE FINANCIAL STATEMENTS (Continued)
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2019

10. Other receivables

	2019 S\$	2018 S\$
Unbilled Course recognition renewal fees	11,875	-

11. Trade and other payables

	2019 S\$	2018 S\$
Other creditors	39,406	3,009
CPF payable	1,188	1,044
Accrued expenses	490	-
Professional indemnity premium payable	19,340	32,893
Unearned interest income	978	-
	61,402	36,946

12. Significant related party transactions

There were no related party transactions nor compensation made to any key management personnel during the current nor preceding year.

Members Listing

as at 30th April 2020

FELLOW MEMBERS

D'Rozario Vilma
Nair Elizabeth
Thio-Ho Twa Moi Vicky
Yeoh Gueh Kwang
Ng Tiat Khuan Jonathan
Ong Teck Hong
Tan Swee Yee Joyce
Toh-Chua Juliana Swee Lin
Khoo Molly
Syn Margaret

MASTER CLINICAL MEMBERS

Ang Teck Ee
Ang Ting Ting Sophia
Bong Benny
Bung Theresa (Tan Lee)
Chan Lai Cheng Jessica
Chan Pei See Joyce
Chan Teck Yoong Theresa
Chandra Diana
Chen Xiao Ming Jean
Cheong Wah Loong Alvin
Cho Chia Min
Chua Irene
Chua Wang Soon Ruth
Chung Yee Lin Ada
De Souza Virginia
Goh Song Eng
Guee Chai Koong Andy
Gupta Suhrita
Gurnani, Hema
Ho Geok Choon Danny
Ho Swee Min Laurence
Hogan, Debbie
Jebal, Pushpalatha Sheena
Jim Bin Ismail Omar Bek
John, Joseph
Koay Li May Michelle
Koh Ai Jin
Koh Ai Sim Linda
Koh Choo Choo Sharon (Mrs Sharon Sng)
Koh Hwee Lin Evelyn Rochelle
Koh Soo-Tho Angelina
Kok Lee Fong
Kong Seet Mui
Kuna Sam
Lam Kee Soon Andy
Lau Hon Shin
Lee Boon Ooi
Lim Beng Khuan Christine
Lim Peng Ann Adrian
Lim-Choy Puay Wun
Lim-Teo Lek Mei Charlene
Loi Irene
Loke Keng Choong

Low Anna Maria
Low Teck Keong
Mack Wing Hung Wilson
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Ng Bee Eng Debbie
Ng Carolyn
Ng Chong Chee Dan
Nisha Rani Rugnath
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Ong Chooi Seng
Ong Kie Wee Tony
Ong Kwee Hiong Clare
Ow Yong Lai Meng
Quek Jwee Leng Edwin
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Shen Shuyliang Bryan Crucis
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Tan Chin Yeow Augustine
Tan Kay San Wilson
Tan Li Lian Trina
Teo Lak Kwang William
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Wong Mee Yin (May)
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Yeo Kong Leong Alan
Yeo See See Lynette
Yoo Siew Foong Florence

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Au Kum Ying Jennifer
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Chang Cheng Ern Lydia (Lim C.E Lydia)
Chang Choy Ling Florence
Chang Xue Li Sherry

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Chee Ai Lay
Chee Hsieh Mei Charmaine
Chee Sau Mui Fiona
Chen Boyu
Chen Sheau Ing
Chen Shiyun Charlotte
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Evans Patricia
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Fathima Shafeeka Bte Mohamed Faris
Fernando Monica Christine

Members Listing as at 30th April 2020

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as at 30th April 2020

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 Png Tiang Hsia Michelle
 Poh Shee Yean
 Pong Pao Ling Theresa
 Poon Oi Lin
 Quah Poh Hock Alex
 Rafeah Bte Buang
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 Tan Koon Chow
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 Tan Lian Tuan Alana
 Tan Mui Lee Doreen
 Tan Rui Ping Benjamin
 Tan Siew Foong
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 Tan Sok Ngin
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 Tan Soon Choon Henry
 Tan Tzer
 Tan Wei Qi Michelle
 Tan Wei Teck Steven
 Tan Weng Hun Terence
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 Tang Wai Harn
 Tang Weng Fung
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 Tay Jin Lu Jean
 Tay Meng Hock Sunny
 Tay Siok Choo Margaret
 Tay Sok Choo Sophie
 Tay Swee Aii Susan
 Tay Yuka Aiga
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 Teo Wei Pin Edmund
 Teoh Kelvyanne
 Teoh Tan Ping Angeline
 Tham Chee Kin Steven
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 Tin Tina
 Tjahjadi Sylvia
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 Too Seng Hong Daniel
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 Vytialingam, Helena
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 Wang Yi Shing
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 Wee Sin Teck
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 Wong Poh Hoon Jackie
 Wong Poh Ping
 Wong Teck Boon Anthony

Wong Weng Keong
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 Woothitha Paweena
 Wu Che Yun Steven
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 Yap Xiu Fen Denise
 Yap Zheng Jie
 Yeap Hwee Ling Bettina
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 Yee Foong Wah Eliza
 Yeo Audrey
 Yeo Lai Soon Anthony
 Yeo Meiluan Jasmine
 Yeo Neng Sheng Dominic
 Yoo Chin Guan Anson
 Yoong Min Yi Melissa

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 Ang Poon Sek
 Azhar Bin Sidek
 Balaji, Subhashini
 Bartholomeusz Ruwani Anita
 Beena Doshi
 Benjamin Wong Yew Fai
 Bong Yioe Ling
 Bongard Simon John
 Cha Siew Yoong Reeco
 Chan Chiaw Shin Billy
 Chan Jennifer Siew Po
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 Cheng Mui Hong Mabel
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 Amy Ching Lee Hoon
 Ang Kok Poh Andy
 Ang Poon Sek
 Azhar Bin Sidek
 Balaji, Subhashini
 Bartholomeusz Ruwani Anita
 Beena Doshi
 Benjamin Wong Yew Fai
 Bong Yioe Ling
 Bongard Simon John
 Cha Siew Yoong Reeco
 Chan Chiaw Shin Billy
 Chan Jennifer Siew Po
 Chan Jia Hui Candace

Members Listing

as at 30th April 2020

Chen Jing	Lim Alexis	Ryan Julie Dianne
Cheng Eng Hui	Lim Chiou Yuin	S. Raveendran
Cheng Mei Horng Samantha	Lim Dahlia	Sanchia Paquita Hunt-Towle
Cheng Mui Hong Mabel	Lim Huay Keng Katherine	Sano Hitomi
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Goh Mui Wah	Liu Xing	Shannon Peter Edward
Goh Whye Kian Tonia	Low Junsheng Johnsen	Sia Chong Hao
Gupta Mahima	Low Siew Foong Janice	Siew Chau Yeng
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Hdidinou Sanaa	Maria Milagros Syjuco	Sim Shiang Hann Andy
Heng Cher Hoon	Martin Tudor Ellis Williams	Singh Laxhman
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Ho Wai Hon Russell	Mazlina Binte Salim	Siti Salmi binte Mubari
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Lew Yean Chee Stephanie	Roberts Sam	Wong Yeong Tay
Lim Ai Leen	Ruth Komathi d/o Thaya Needi	Woon Chin Ting

Members Listing

as at 30th April 2020

Woon Vivien nee Hon Fooi Sin
 Yap Mei Mei
 Yap Siew Ling
 Yeo Chak Eng Hazel
 Yeo Chee Keong
 Yeo Hui Ying Jaime
 Yeo Kok Hwa
 Yeoh Oon Bee
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 Cheong Ming Han Edmund
 Chua Li Ming Elaine
 Fong Yow Foong
 Goh Kiat Foong
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 Haier Diana Bte Hashim
 Harrish Nair
 Ho Wei Yuen Alvin
 Jagadharan Vickineswarie
 Jim Faherty
 Koh Khoon Geok
 Kudari Isaiah Timothy
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 Lee Hong Yiap
 Lee Kok Meng David
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 Lim Ming Chu Sharon
 Lim Yan Chern Gretchen
 Loh Huiling Samantha
 Long Shi Yun
 Lui Jean
 Martin Daniel Wayne
 Mayrhofer Andrea
 Mohamed Sulaiman Haja Navaz
 Moroni Claudio
 Muhammad Arif Bin Osman
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 Ng Zi Hui Zanthé
 Ong Lee Lian Wang Lilian
 Ong Wei Chong
 Pallot Bush Joanna Margaret
 Phua Hwee Chay Derrick
 Poon Soo Yiang Amy

Punithavathi d/o Elengovan
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 Sahgal Chitra R
 Sharon Teo
 Shawn Lai Jun Yin
 Sio Wee Syn Elvis
 Song Yanda James
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 Tan Kia Mui Florence
 Tang Chow Kheng
 Verghese Shoba
 Xu Hai Yan
 Yap Ching Keong
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 Yeo Kia Kia

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 Fernandez Rachel Valerie
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 Laug Eric Jae
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 Lee Wen Jun
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 Tao Kexin
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as at 30th April 2020

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**Singapore
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FOR COUNSELLING
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