

Creative Engagement in Therapy

5 CPD hours
(pre-readings and worksheets provided prior to workshop)

Expanding the lens in systemic family work

Half-day workshop: Singapore: June 2020

About the Workshop

Engaging family members can be challenging and not all members relate equally well when only counselling techniques are used in therapy. Using visual and interactive tasks adds another way to engage, elicit and communicate in assessment and therapy. This ½ day workshop will provide an opportunity to consider how to apply creative tasks in assessment and therapy, using visual, auditory and kinaesthetic modalities. The workshop will introduce the participant to various techniques and tools that can easily be used when working across the lifespan. These ideas can be applied in adjunct to your current ways of working and draw on Narrative, Bowen and Structural models of therapy. This workshop will provide an experiential sampling of different therapeutic interventions that you can apply immediately in your clinical practice.

The workshop will be interactive and participants will see live and video demonstrations and have opportunities to work with a number of these different modalities.

Workshop Content

By the end of the workshop you will:

- Be able to identify and describe a range of 'non-traditional' therapeutic interventions
- Have a tool box of materials and strategies to work in a more creative way with clients
- Develop skills to be more flexible in practice and apply alternative ways of working with clients who do not respond to 'talk therapy'
- Develop confidence with clients using a broader range of interventions.

All course notes provided electronically including references, presentation and Resources. Morning tea provided (5 CPD hours including pre-reading).

Dates, Fees & Location

Date: Thursday 25th June 2020

Time: 9.00am – 1.00pm

Fees: Early bird: \$190.00 (AUD) (pay by 15.4.2020)
Full fee: \$240 (AUD) (from 16.4.2020)

Venue: ACC EduHub, 51 Cuppage Road, #03-03, Singapore 229469

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Phone: +61 478 548 594

Bookings:

www.clinicalsupervisionservices.com.au/book-a-course

About the Lecturer

Lecturer: *Christine Senediak, Snr Clinical Psychologist BA (M Clin Psych); M. Fam Ther; Accredited Family Therapy Supervisor AFT; Accredited Psychology Supervisor Trainer and Supervisor (AHPRA)*

Christine Senediak is Director of Sydney Family Therapy Training Institute (SFTTI) based in Sydney, Australia, a subsidiary of Clinical Supervision Services. She has over 35 years of experience working as a clinical psychologist, family therapist, educator and supervisor and has worked both in the public and private health systems specializing in working with children, adolescents and their families and specialist Cross Cultural services and the Children's Court Clinic. She provides supervision to addiction services, adolescent mental health inpatient and outpatient services, adult mental health and family support services.



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