

BIRTH (Somatic Approach)

with Yiri Dollekamp, CMA, SEP, BCST

11th 12th 13th & 14th April 2018



Yiri Dollekamp, CMA, SEP, BCST is a native of the Netherlands but lives and works in New York City where he holds a private practice. He also teaches pre and perinatal workshops in Sao Paulo, Brazil through ACT institute. Yiri has been trained in Biodynamic Cranio Sacral work by Franklyn Sills, Psychology, Family Constellation Work (transgenerational trauma). Yiri assist and co-teach with William Emerson, who is one of the grounding fathers of pre and perinatal psychology in the world.

This is a four-day workshop in which we'll look at the 4 stages of birth (Descending, Turning, Birth Canal and Coming Out). These four stages have both physiological expressions and psychological implications. Templates get set that reverberate all throughout life.

When we understand birth, we get to understand better who we are as adults.

In somatically oriented therapies sooner or later birth patterns will start to reveal themselves. It is important to learn how to recognize birth patterns and birth material as it is revealed in the body.

We'll look at when birth goes well; the four stages.

- birth
- cutting of the umbilical cord
- necessity of touch and
- bonding immediately following birth

Then we'll look at what happens when birth does not go as it was biologically intended.

- Obstetrical Interventions
- Cesarean births
- Cord around the neck
- Induction
- Instrument use like forceps or suction
- Fetal distress

How does the body remember this and how does this influence our self-organization (psychology)?

Do you need to remember your own birth in order to partake? **No.**
Is it possible to remember aspects of your birth when you have no actual memories and there is no further knowledge of your birth? **Yes.**

An important part of this workshop is to learn the necessary therapeutic stance and the accompanying therapeutic techniques to work with birth themes (and pre- and perinatal themes in general).

This workshop is intended for professionals who feel they want to learn how to deal with birth-themes in their chosen field.

Who should attend

Educators, Social workers, Counselors, Psychotherapists, Therapist and those who want to deepen their therapeutic skills

Registration Details

See Registration form

For further enquiries contact Lucy Heng at:

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