



International Society of
Schema Therapy

Individual Schema Therapy Certification Programme in Southeast Asia

HOPE worldwide (Singapore) and **Louis Counselling & Training Services Pte Ltd** invite clinicians to this certification programme approved by the **International Society of Schema Therapy (ISST)**. Qualified staff of NCSS-member and MSF-Funded social service organisations will enjoy up to **30% VCF Funding** (pre-approval required). The training will incorporate the use of **Movie Therapy®** to enhance didactic and dyadic learning. After completion, participants with relevant qualifications may apply for ISST Membership and work towards becoming a Certified Schema Therapist.



About the Trainer

John Philip Louis holds a PhD from the UK (Stirling University) and has conducted research on schemas and parenting scales. He is an ISST-certified Schema Therapist, Supervisor and Trainer. He was trained directly by Dr Jeffrey Young, founder of Schema Therapy. John is a Registered Counsellor and Clinical Supervisor at the Singapore Association for Counselling.

Workshop 1: Schema Therapy Professional Training (Basic) – Schema Theory, Concepts and Techniques

- Case conceptualization using schema theory and concept (negative and positive schemas, coping styles and modes, universal core emotional needs, temperamental factors)
- Use of assessment tools (interviews, imagery and inventories)
- Use of therapy relationship to provide limited reparenting, emphatic confrontation and limit setting
- Treatment formulation
- Schema Therapy cognitive and experiential techniques

Date/Time:

27-29 July 2020 (Mon-Wed), 9.00am-5.00pm

Standard fees: \$980.00

After 30% VCF Funding (Pre-Approval Required): \$686.00

After 10% Discount for SAC/SPS/SASW/APACS members: \$882.00

Workshop 2: Schema Therapy Professional Training (Advanced) – Specific Treatment Populations

- Schema Mode work with Borderline Personality Disorders
- Schema Mode work with Narcissistic Personality Disorders
- Other PDs
- Signs of Therapist's Schema Interference in Treatment
- Limited Reparenting with Child Modes
- Confronting and Limit setting for Punitive and Demanding Parent modes
- Emphatic Confrontation/limit setting for Maladaptive Coping Modes

Date/Time: To be confirmed

Standard fees: \$1,080.00

VCF Funding (Pre-Approval Required): To be confirmed

After 10% Discount for SAC/SPS/SASW/APACS members: \$972.00

Venue: HOPE worldwide Singapore, 1 Edgefield Walk, Singapore 828850

We have allocated strictly maximum of 20 slots for these courses. Slots will be confirmed upon receipt of payment.

Registration fees are inclusive of lunch and tea breaks. Handouts and Certificates will be provided.

To register, call 6312 9671 or email: rebekah_jai@hopewwsea.org.



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REGISTRATION FORM

Participant's Details (please write legibly)

Full name as in NRIC / Salutation : _____

NRIC No / FIN (last 4 characters: eg. xxxS) : _____

Company Name : _____

Designation : _____

Email : _____

Contact No. : _____ Fax No.: _____ HP: _____

Billing Address : _____

Highest Academic Qualification : _____

SAC/SPS/SASW/APACS Member? Y/N (Specify) : _____

Name to be printed on Certificate : _____

Dietary Preference (Normal/Vegetarian) : _____

Schema Therapy Professional Training (Basic): Schema Theory, Concepts and Techniques

Date: 27 - 29 July 2020

☐ **\$980.00 Standard Fees**

☐ **\$686.00 After 30% VCF Funding for Singaporean/PR staff of NCSS member VWOs/SSOs**

☐ **\$882.00 After 10% Discount for SAC/SPS/SASW/APACS members (for non-VCF qualified participants only)**

Note: Registration fees already include refreshments (lunch and tea breaks). Maximum of 20 slots per workshop.

Slot is confirmed upon receipt of payment.

Terms and Conditions

1. Requirement for VCF Claims: Minimum 75% attendance and completion of evaluation form. In the event that participant does not comply with VCF requirements, participant will be charged by HOPEwwS the equivalent amount.
2. In the event that participant is unable to attend the workshop, replacement will be allowed. Please notify HOPEwwS in writing at least three days before actual workshop date.
3. For cancellation requests made in writing 30 calendar days before the training date, 50% refund will be given. Please allow at least 30 days to process the refund.
4. No refund will be given for cancellation made less than 30 calendar days from the training date.
5. In the event that the training is postponed, registration fees will automatically be brought forward to the subsequent training dates.
6. Participants will need to complete 3 full days of training in order to receive ISST-approved certificate of completion.

Payment Instructions:

1. PAYNOW using our UEN no. S98SS0151F, indicate invoice no. and purpose of payment in comment section e.g. "Invoice no. 2020xxxxx Schema Therapy Basic Level"
2. Transfer payment to: HOPE worldwide (Singapore) DBS Current account: 001-070707-8
3. Send your crossed cheque marked payable to: **HOPE worldwide (S)** and mail to: **1 Edgefield Walk Singapore 828850**. At the back of the cheque, kindly include invoice no., full name of the registrant, company name and contact number. Please notify us by email once bank transfer has been made. For overseas participants, please contact us for more details on telegraphic transfer.

For Enquiries and Registrations:

Rebekah Lai

Tel: 6312 9671 Fax: 6343 8463

Email: rebekah_lai@hopewwsea.org