

# Singapore Association for Counselling

FOR COUNSELLING AND PSYCHOTHERAPY

# 2020 ANNUAL REPORT

Inclusive Practice, Empowering Community

## **CONTENTS**

	Page
About SAC	3
President's Message	4 - 5
Executive Committee 2020 - 2022	6 - 8
Report of the Executive Committee 2020	9 - 16
Membership Strength	17
Minutes of the 38 <sup>th</sup> Annual General Meeting held on 26 <sup>th</sup> June 2020	18 - 23
Financial Statements	24 - 39
Members Listing as at 28 <sup>th</sup> February 2021	40 - 46
Contact Information	47

### **About SAC**

The Singapore Association for Counselling (SAC) is the professional body representing counsellors, psychotherapists, counselling educators and students in Singapore. SAC has come a long way – pioneered in 1982 by Mr Anthony Yeo from Counselling and Care Centre together with a small group of counsellors.

Between 1996 – 1999, a Paper was developed by the EXCO to propose standards for the Recognition and Licensing of Professional Counsellors in Singapore. This Paper was presented to the then Ministry of Community Development (MCD) in 1999 but was rejected as the counsellor fraternity was considered too small.

In 1999, Constitutional amendments related to training standards for membership were approved by the Registry of Societies and implemented for new membership applications. Subsequently, the new SAC Code of Ethics was accepted at its Extraordinary General Meeting.

In the year 2000, SAC established new guidelines for the accreditation of counsellor training courses in Singapore to ensure clinical practice and supervision components were adequately in place.

SAC Register of Counsellors was established during its 20th Annual General Meeting in March 2003. The first SAC Website was launched. The SAC Constitution was amended for more clarity on its definition of a trained and qualified counsellor with emphasis on the details of training, practicum, and clinical supervision.

SAC partnered the Ministry of Community Development and Sports, and the National Council of Social Services to develop standard counselling courses. The First Joint Committee meeting involved SAC, NCSS, and SSTI. This was followed by MCYS, SASW and the NUS Social Work Department. The first Course Recognition Manual was launched in December 2005.

New Membership Categories were introduced, and the SAC Constitution went through a major review and update in 2013.

SAC became a full member of the National Council of Social Services (NCSS) since April 2015.

In October 2015, SAC Ethics Manual of Procedures was launched by our Guest of Honour, Minister of State for the Ministry of Health, Dr Amy Khor at our inaugural Symposium attended by 500 delegates.

In 2016, SAC's Register of Clinical Supervisors was established during our 34th Annual General Meeting. The new Clinical Supervision Standards and Procedures document was approved.

SAC also established a New Clinical Supervision Components and Standards for New Clinical Supervisor Applicants and was approved at the 35<sup>th</sup> AGM in 2017 to be in effect from June 2018.

On O3 November 2017, the new SAC Logo, Website, and Member Portal was launched by Mayor Denise Phua at the half-day  $35^{th}$  Anniversary Conference.

At the end of 2018, the EXCO decided to terminate the Secretariat services with the Singapore Professional Centre. From 01 January 2019, SAC started its own Secretariat services at Work Central Offices Pte Ltd with one full time staff, one part-time staff and Genesis Consulting as our financial services provider.

2020 will go down as a significant year as Singapore coped with the Global Covid-19 pandemic, SAC observed several "firsts" - the first time to practice counseling, supervision, training, and meetings online (via Zoom) as well as conducting our first "Virtual AGM" with Elections of a new Executive Committee. 2020 will also go down into history as SAC conferred our first Fellow Member.

## President's Message

The 26<sup>th</sup> Executive Committee of the Singapore Association for Counselling is pleased to present its Annual Report 2020. The year under review was an extraordinary year for everyone. It will go down in history as one marked by the COVID-19 global pandemic. Individuals, businesses, organisations, and governments were heavily impacted in one way or another. Naturally, our Association was not spared.

Events and Activities ceased completely, and we moved the Annual General Meeting 2020 online as permitted under the COVID-19 (Temporary Measures) Act 2020. It was significant for us as it was an election year for the Association which required additional care in holding a virtual AGM. I am pleased to report that members rose to the occasion, quickly picked up skills on the procedures and format of online AGM. Our secretariat and the Executive Committee as well as members demonstrated resilience and adaptability in face of the new normal. The AGM was a success! A new Executive Committee was elected to see the Association forward for 2020 – 2022. Mr. Sam Kuna, SAC President (2016 – 2020) was conferred Fellow of the Association at the event.

The Association was not passively letting the pandemic impact us. SAC participated actively in supporting the Nation's effort in combating Covid-19, in particular the mental health concerns that followed the pandemic and the subsequent poor economic conditions. SAC was one of the key partners to the Ministry of Social & Family Development as they rolled out the National Care Hotline initiative in April. Our members responded keenly to our call for volunteers to help man the hotline. Our participation led to the Chinese Primetime News featuring one of our



volunteers and SAC, a media exposure for an otherwise 'media-shy' professional organisation. In the region, SAC was also represented at a virtual regional forum on Counselling and COVID-19 in October organised by the National Population & Family Development Board, Malaysia.



In closing the year, the Association welcomed 241 new members, bringing the total in our fold to 1020 members as at 31 Dec 2020. Our Register of Counsellors also saw 41 more registrants. Six (6) new clinical supervisors made onto our Register of Clinical Supervisors as well.

On the financial front, the Association recorded a surplus of \$68,738, which is 11.32% more than the previous year. Our accumulated fund grew by 21.53% to \$387,926.

Our subcommittees kept up the vibrancy of the Association and followed EXCO's lead to move all activities online, New Members Orientation and Clinical Supervision were amongst other activities that took place during the year. Do read more about them in the pages of this report.

Within SAC, we started a small Public Education team who made interesting bite-size posters and interview clips focusing on various theoretical orientation on a quarterly basis. Separately, you must have also noticed that we are sending you festive greetings tailored made with SAC logo affixed. The public education posters, videos and our festive greetings are all available on our Facebook page!

I take this opportunity to thank the Ministry of Social & Family Development, the Ministry of Education, the Ministry of Home Affairs, the National Council of Social Service, Singapore Association of Social Workers, and other

stakeholders for their support rendered to SAC during the year, in our work of growing and shaping the counselling profession and landscape in Singapore.

It leaves me to thank the people who held the Association together. I thank the Chairpersons and member-volunteers of all Sub-Committees and Boards. Without you, the Association will not be functioning as well as it did, and it would a be a less vibrant year for us. We also thank Ms Sarah Phua from Genesis Consulting & Solutions and our staff Ms Sandra Lim for carrying out their roles dutifully and with pride. I thank my colleagues on the Executive Committee for sharing the leadership and serving our members in ways we know best. Special thanks to the newly formed public education team – Dr Joyce Chan, Ms Azlitah Jaffar and Ms Lim Jia Yi.

To all members, Thank you for your participation and support at Association events and activities. As I always say, the Association can only be as strong as our members!

Yours truly,

Dr Frederick P K Low President 2020 – 2022

## **Executive Committee (2020 - 2022)**

#### PRESIDENT - DR FREDERICK LOW

Frederick has held many roles in counsellor education and research in the past decade. As an adjunct faculty with several institutes of higher learning, he contributes to the teaching of counselling and psychology. For those in the field, he is a supervisor, consultant and at times, a trainer. He also serves on editorial boards and scientific committees of scholarly journals and conferences in counselling and psychology.

Frederick served as the Vice President of the Singapore Association for Counselling from 2016-2020. He held the portfolio as Chairman of SAC's Course Recognition Board from 2014 – 2020 and is now working with stakeholders in the field in reviewing the local counsellor education landscape and the future of SAC's role in course recognition and regulation. Frederick is a SAC Registered Counsellor and Registered Clinical Supervisor. He is also a Chartered Psychologist and an Associate Fellow of British Psychological Society.

#### **VICE PRESIDENT - MR ANDY LAM**

Andy has worked in the social service sector for more than 10 years. His areas of expertise include the provision of casework services and clinical supervision, improving standards of practice through practice evaluation, and training and organisational development.

A SAC Registered Counsellor and Registered Clinical Supervisor, as well as a Registered Social Worker and DISC-certified human behaviour consultant, Andy is also choice theory / reality therapy certified. He was previously the Assistant Director of Viriya Community Services, a voluntary welfare organisation, focusing on practice evaluation and standards within the organisation, sectorial involvement through the participation of workgroups and training, particularly around the Code of Social Work Practice for Family Service Centres in Singapore.

Andy is currently a Senior Court Family Specialist with the Family Justice Courts, focusing on family dispute resolution work, extending from his strong belief in systemic principles.

Andy holds a degree in Master of Social Science (Counselling) from the University of South Australia and a Graduate Diploma in Social Work from the Singapore University of Social Sciences (formerly known as SIM University), in addition to a Bachelor of Science with the National University of Singapore.

#### 2<sup>ND</sup> VICE PRESIDENT - MR DAN NG

Dan has been practising as counsellor in various settings for the past decade. He is trained in Advance Care Planning (ACP) and has been engaging his clientele in End-Of-Life (EOL) discussion as part of his clinical work. Dan has strong interest in working with children and elderly and believes in empowering his clients.

Besides being a counselling practitioner, Dan has been providing individual, group supervision and case consultations.

Dan is a SAC registered counsellor/supervisor and a Master Clinical Member. He is also a professional member with American Counselling Association and is registered as Level 4 member/ Clinical Supervisor with Australia Counselling Association (ACA).

Currently, Dan serves as the 2<sup>nd</sup> Vice-President of the Singapore Association for Counselling and had contributed previously as Assistant Hon Secretary (2016-2018), Co-opted Member (2014-2016).

#### HONORARY SECRETARY - REV SAM KUNA

Sam Kuna is the Dean of the School of Counselling and an Associate Professor at TCA College, a multi-disciplinary Christian college pioneered by the Trinity Christian Centre, Singapore. Sam is a SAC Registered Counsellor and Registered Clinical Supervisor and immediate past President of the Singapore Association for Counselling (2016-2020). Sam was also conferred the Fellow Member status at the SAC AGM 2020 for his contributions to the counselling profession in Singapore and his many years of service in SAC.

Starting his counselling practice since the late 1980s, Sam had further training in psychology and marriage, family, and child counselling. He is a practicing family therapist, child counsellor, a sandplay practitioner, and a certified master addiction therapist. He is a clinical member of the Association for Marital and Family Therapy (Singapore), a Founding Board Member of the Asia Pacific Certification Board (APCB), which certifies addiction therapists in Asia, Adviser to the Association for Christian Counselling (Singapore), and Board Member of the Asian Christian Counselling Association. Sam is an ordained preacher with the Assemblies of God of Singapore.

## **Executive Committee (2020 - 2022)**

#### ASSISTANT HONORARY SECRETARY - MS HEMA GURNANI

Hema Gurnani has served in the Social Service Sector for 23 years. She was previously the Centre Head of WINGS Counselling Centre and is currently the Co-Founder and Director of AppleTree Counselling Pte Ltd. Trained in Child Psychology and Counselling, her primary areas of expertise include play, sand tray and symbol work for pre-schoolers, children, and youths. She is also well-versed in family therapy and mediation, having worked extensively with families and single parents on complex issues like divorce and separation, as well as with members of the LGBTQ+community on existential challenges.

As a SAC Registered Counsellor & Clinical Supervisor, Hema continues to supervise interns from SAC-recognised Counselling programmes, MOE Counsellors and the Community Practitioners. She was also an adjunct lecturer at James Cook University and ECTA for the MOE Trainee Counsellors.

Since 2016, Hema has served SAC in various capacities, be it on the 'Community Counsellor Sub-Com,' the 'Counsellors Education Board', the 'Register Board' or her present role in the EXCO as Assistant Honorary Secretary.

Hema holds Masters of Counselling, a Postgraduate degree in Education and a Diploma in Child Psychology. She is an accredited play, sand tray and symbol work therapist, a registered Social Work Practitioner under Singapore Association for Social Work and has administrated Home Study Reports for the Ministry of Social and Family Development.

#### HONORARY TREASURER - MS AU HOI TING

Hoi Ting has 10 years of experience working in the social service sector. She has a Graduate Diploma in Counselling and Masters in Social Work. She had worked seven (7) years as a counsellor in AWWA Family Service Centre and is currently a social worker with Sengkang Family Service Centre.

Hoi Ting is both a SAC Registered Counsellor and SASW accredited Social Worker. She uses experiential approaches to enhance her work with individuals and multi-stressed families. She supports families facing challenges on various issues ranging from family conflicts, family violence, child protection, and mental health. Hoi Ting is also a volunteer with other non-profit organisations that support the wellbeing of children and youths.

#### ASSISTANT HONORARY TREASURER - MS LYDIA LIM

Lydia is a PEAKS People Analytics & Management Consultant with the Research Communication International. With over 20 years of experience in both Organisational / Corporate and Developmental Therapeutic domains, Lydia holds a Master of Social Science in Counselling from University of South Australia, and a Bachelor of Arts in Psychology from Massey University, NZ.

As a PEAKS Master-Trainer & Supervisor to PEAKS Consultants, Lydia strives to constantly adapt & apply the PEAKS People Analytics & Profiling Technology across vast spectrums of Professional, Educational & Personal domains for positive & significant impact on lives & communities.

Lydia firmly upholds the belief that it is critical to move beyond theoretical & traditional paradigms to constantly evolve & improve professional & industry-relevant best practices that are culture specific & contextually relevant to individuals, organisations & communities. Lydia has trained leaders at all levels across industries, locally & regionally. These include Corporate, MNCs, SMEs, government bodies, educational institutions & social communities. She regularly conducts programs in the areas of Leadership Development, Corporate & Professional Coaching & Mentoring, Strategic Planning & Deployment, Career Development, Counselling & Supervision, Marriage/Family Therapy & Life Coaching, etc.

Lydia's professional experiences are steeped in Clinical Practice & the Training & Supervision of Counsellors. She was the Clinical Director, Supervisor & Lecturer for a MA Counselling program, where she directed & developed courses on Human Development, Counselling Skills & Practice and Clinical Practicum & Ethics. Lydia was also an educational psychologist and developmental therapist at a Developmental Clinic for children & families, and a mental health counsellor at the Mount Elizabeth Behavioural Charter. A Clinical Member of the Singapore Association for Counselling, Lydia served as the Hon. Secretary of the Executive Committee (2008 – 2012) and has been newly appointed as Asst. Hon. Treasurer in 2020.

An enthusiast in community outreach, Lydia champions the belief that children, youth & young adults be given the specialised resources to discover their natural potential, in order to establish their pride of place in the society of their choice - to maximise potential and value add. An active participating contributor to society, Lydia has always been passionate and availed herself in areas of Counselling, Children-Teen Development, Mentoring for Marriage & Parenting and Social Engagement efforts such as public seminars and radio interviews.

## **Executive Committee (2020 - 2022)**

#### **COMMITTEE MEMBER - MS XIAO LI EN**

Xiao Li En is a SAC registered counsellor who holds a Master in Counselling (Monash University), a degree majoring in psychology and sociology, and diplomas in special needs and dyslexia studies. Li En has experience working with people who face challenges due to family conflicts, academic stress, mental health issues, special needs, trauma, and blood cancer.

#### **COMMITTEE MEMBER - MS CAROLYN LIM**

Carolyn is a SAC registered Counsellor, a SASW registered Social Worker, and an AMFT Associate Member. She holds a Master's in Counselling (Monash University) and a Master's in Social Work (SUSS). She is currently with Care Corner Counselling Centre. Mainly supporting people in Mental Health, Trauma and Group Therapy for several years with creative humanistic experiential and expressive approaches that enhance the lives of people.

Prior to this, she was with Association of Women for Action and Research (AWARE) and AWWA Family Service Centre.

#### **COMMITTEE MEMBER - MS GIAM XIUHUI, JENNY**

Jenny holds a Master of Social Science (Counselling) from the University of South Australia and a Postgraduate Diploma in Psychology from James Cook University. In addition, she is a certified Professional Certified Coach with International Coach Federation. Jenny is also a SAC Registered Counsellor and Clinical Supervisor and a Registered Social Service Practitioner with SASW.

Jenny has 12 years of working experience in the social service sector. She has worked with families and individual with complex issues ranging from child protection and behavioural issues, family violence, mental health, financial and martial. At present Jenny works as a Correctional Rehabilitation Specialist at Singapore Prison Services. Jenny also involves in volunteer work with Singapore Army Forces Volunteer Corps as an Auxiliary Counsellor.

#### **COMMITTEE MEMBER - DR CHAN PEI SEE JOYCE**

Dr. Joyce Chan is a Master Clinical Member and Registered Clinical Supervisor with Singapore Association for Counselling (SAC). She is a Registered Social Service Practitioner with Singapore Social Work Association (SASW) and an Associate Licensed Minister with The Assemblies of God of Singapore. Joyce has over 20 years of experience working in the social sector; directly with clients and at management level. Currently she is with Singapore Prison Service. She oversees a Team supervising young offenders who are released into the community.

She started as a Youth Counsellor with Teen Challenge Singapore. Subsequently, she assumed the role as a Youth Director, followed by the Executive Director from 2010 to 2014. Besides her full-time work, she has been serving as adjunct lecturer and clinical supervisor with schools offering Post-graduate diploma and Master programmes. Joyce had previously served on the EXCO as a Committee Member and other roles.

#### CLINICAL SUPERVISION BOARD - REPORT BY CHAIRPERSON, DR JESSICA LEONG

The SAC Clinical Supervision Board received in 2020 seven (7) applications for recognition as SAC Registered Clinical Supervisors. Six applications were approved, and one (1) was rejected because of insufficient Training in Clinical Supervision and practice hours.

The Clinical Supervision Board met on 13 October 2020 to discuss the following Terms of Reference and roles and responsibilities for the SAC Clinical Supervision Board, and we agreed on the following:

#### **Terms of Reference**

- 1. The SAC Clinical Supervision Board shall assist the Executive Committee to oversee the approval of applicants for SAC Clinical Supervision Membership.
- 2. The SAC Clinical Supervision Board shall meet at least twice a year. Meetings shall be scheduled on half-yearly basis or as needed.
- 3. The SAC Clinical Supervision Board's responsibilities are to develop; implement; ensure adherence to; and review policies and procedures related to the supervisory quality and rigour of SAC.

#### **Roles and Responsibilities**

The SAC Clinical Supervision Board's responsibilities are:

- a) Developing procedures to ensure supervision quality and rigour
- b) Ensuring that applicants meet the criteria of SAC Clinical Supervision Membership
- c) Approving or disapproving applications within ten (10) working days on receipt of application(s) from SAC Secretariat
- d) Facilitating SAC to implement and comply with policies and procedures developed by SAC
- e) Reviewing, at least once a year, the criteria for approval of application for SAC Clinical Membership.

The Supervision Board also summarise the activities for processing applications received from the SAC secretariat.

#### MEMBERS OF THE CLINICAL SUPERVISION BOARD

Chairperson: Dr Jessica Leong Members: Mr Joachim Lee

Mrs Linda Wan-Koh

Ms Livingston Anna Catherine

Rev Sam Kuna Mr SB Viknesan Mrs Sharon Sng

#### COUNSELLORS EDUCATION BOARD - REPORT BY CHAIRPERSON, MS TRINA TAN

The word 'unprecedented' was named the People's Choice 2020 Word of the Year\* with other words like 'pandemic' being closely connected to each of us in ways that was unimaginable before 2020. 2020 will be a year that the world will remember for many centuries to come. Similarly, for the Board, 2020 has been one-of-a-kind.

Due to circuit breaker, site visits to the institutes of higher learning offering counselling programmes recognised under SAC were suspended, thus stalling the renewal process. In the year under review, creativity and flexibility were the highlights of the day, to allow the Board and reviewers to complete the renewal of nine (9) programmes with one new application.

2020 was also a time where the world hit the 'pause' button and took stock of things and people that were important to them. In the same vein, the Board deliberated and proposed changes to EXCO for the Course Recognition Manual, in the spirit of ensuring the document remain dynamic in anticipating fluidity of training at least for the next five years.

I am truly grateful and amazed at the tenacity of the reviewers in finding ways to complete the work. I also thank the Board members – Hoi Ting, Carolyn, Andy, Hema, Irene; SAC EXCO and the Heads of the various institutes for being patient and generous and trusting in the process while working together. A special thanks to Sandra, our Secretariat, who has helped us manage this whole Board, keeping us on track.

We look forward to 2021, one where there will be more courses on board with SAC and one where we continue to grow as a counselling profession.

\*('Unprecedented' named People's Choice 2020 Word of the Year by Dictionary.com)

#### MEMBERS OF THE COUNSELLORS' EDUCATION BOARD

Chairperson: Ms Trina Tan Members: Mr Andy Lam

> Ms Au Hoi Ting Ms Carolyn Lim Ms Hema Gurnani Ms Irene Loi

Mr Anthony Mok\* (SSI)

Ms Constance Thong\* (SASW)

#### ETHICS BOARD - REPORT BY CHAIRPERSON, REV SAM KUNA

This report is of the work undertaken by members of the Ethics Board for the period July 2020 to March 2021.

The Ethics Board is honoured to be appointed to serve in this capacity over the two (2) years – 2020 to 2022. The Board being new, had only met once via Zoom to get acquainted with each other.

We familiarised ourselves with the 3 outstanding cases handed over by the previous Board but there has not been any further movement on those cases.

While we are aware that all Members are operating under different circumstances under the COVID-19 pandemic, and also using multiple technology-driven platforms to engage with their clients, we are thankful and happy to report that there were no new formal complaints filed during the entire 2020. There were several email queries and feedback from clients but none of them developed into formal complaints against our members.

Over the remaining time of our tenure, the current Ethics Board proposes to do the following:

1. Update the SAC Manual of Ethical Procedures (2015)

The Members of the Ethics Board are heartened that members are practising responsibly while experiencing the instability of the environment and attending closely to each of their clients. This will help greatly to uphold the competencies and professionalism of counselling practitioners in Singapore, especially in the eyes of the public.

The Ethics Board looks forward to receiving feedback and recommendations from any of our members regarding the current Code of Ethics and the Ethics Manual of Procedures. This will help us to keep currency and relevance when applying to the practice.

#### MEMBERS OF THE ETHICS BOARD

Chairperson: Rev Sam Kuna Members: Mr Andy Lam

> Mr Benny Bong Dr Muni Winslow Mr Steven Tham Mr Robin Lim

#### REGISTER OF COUNSELLORS BOARD - REPORT BY CHAIRPERSON, MS JENNY GIAM

Year	Total Applications Reviewed (refer to approval & discussion list)		No. of Approvals (refer to approval paper)		No. of meetings	Remarks
	New	Renewal	New	Renewal		
2019	83	163	44	126	9	
2020	69	136	41	127	8	These numbers are purely for Clinical Member & Registered Counsellors (RC) and it is <b>excluding</b> applications for the following:  1) Registered Clinical Supervisor (RCS) which were evaluated by the Clinical Supervision Board (CSB).  2) Fellow Members  3) Master Clinical Members  4) Provisional Clinical Members  5) Allied Members  6) Associate Members  7) Student Members

#### **MEMBERS OF THE REGISTER BOARD**

Chairperson: Ms Jenny Giam Members: Ms Denise Yap

> Ms Hema Gurnani Mr Ng Chong Chee Dan Ms Reena Goenka Ms Rose Faquir Ms Yuyu Kow

#### COMMUNITY COUNSELLORS SUB-COMMITTEE - REPORT BY CHAIRPERSON, MR JOACHIM LEE

We are a group of seasoned counsellors dedicated to promoting the community practice of counselling.

Our focus for this term is to create an affordable and accessible group supervision to members and at the same time to showcase the various supervisors' expertise. This will allow members to know who they can look for to engage in more in-depth supervision.

We facilitated the inaugural Group Supervision in November 2020. The participants came from various backgrounds/sectors – from social services, mental health institution, school, and private psychiatric clinic. Though diverse in background, the learnings were phenomenal. The participants took home a wealth of learnings and made new friends along the way.



We will be creating more opportunities for group supervision for the next two years and some short in-house therapeutic approaches in this coming term. Stay tuned.

#### MEMBERS OF THE COMMUNITY COUNSELLORS SUB-COMMITTEE

Chairperson: Mr Joachim Lee

Co-Chairperson: Ms Dawn Tan Hui Hong

Members: Mr Edwin Quek

Ms Michele Gan Ms Sapna Mathews Ms Sukumaran Nair Indu

#### MEMBERSHIP SUB-COMMITTEE - REPORT BY CHAIRPERSON, MS CAROLYN LIM



SAC Membership Sub-Committee 2020 2020 Year End Team Appreciation and Celebration (a) Working Title From Left to Right: Sam, Rose, Celine, Hoi Ting, Carolyn, and Helenna. Absent Members: Vinti and Li-En

Most SAC Membership Sub-Committee Team have known one another and worked behind the scenes for some five (5) years. We had great fun together with the diversity too!

The highlight would be our first online SAC New Membership Orientation 2020 on Zoom due to unprecedented pandemic. Our main host Celine's COVID-19 ice-breaker activities were really exciting while co-host Rose's SAC's fun facts quiz warmed up the people online. Our SAC president Dr. Frederick Low did an inaugural address on "Counselling in such a time like this" during COVID-19 Circuit Breaker phase. Finally, the team also helped address the various challenges of new potential Counsellors in the Q&A segment. Thanks to Sam Roberts for availing his IT design skills to our e-poster event promotion too.

Throughout 2020, the team supported SAC Facebook with free online public education with Narrative Therapy Community of Practice between July-August, weekly IAGP Social Dreaming Matrix, Quarterly TSM (Therapeutic Spiral Model) International Gathering previews and annual IAGP Research Journal 2020 sharing.

After our Volunteer Interests Recruitment during the orientation on 12<sup>th</sup> September 2020, we look forward to welcoming three (3) new members Abigail, Amy, and Julia to our SAC Membership Sub-Committee in 2021.

#### **MEMBERS OF THE MEMBERSHIP SUB-COMMITTEE**

Chairperson: Ms Carolyn Lim
Co-Chairperson: Ms Au Hoi Ting
Members: Ms Celine Edmund

Ms Helenna Tan Ms Rose Faquir Mr Sam Roberts Ms Vinti Mittal Ms Xiao Li En

#### SCHOOL & COLLEGE COUNSELLORS SUB-COMMITTEE - REPORT BY CHAIRPERSON, BERNARD MACKENZIE

Due to the COVID-19 pandemic, the School and College Counsellors Sub Committee members were unable to meet face to face. However, the unprecedented moment called for daring initiative by the committee; the team organise our inaugural Community of Practitioners (CoP) session for counsellors who are practising in academic settings.

On 27<sup>th</sup> Nov 2020, Assistant Professor Hanna Suh from National Institute of Education (NIE) shared about **Burn-out** and **Self Care Strategies** for counsellors during the event. The committee's hard work was paid off as the team received positive feedback from the participants. The committee will continue to preserve and initiate more of such platforms in its continuous efforts in the professional development of School and College Counsellors.



#### MEMBERS OF THE SCHOOL AND COLLEGE COUNSELLORS SUB-COMMITTEE

Chairperson: Mr Bernard Mackenzie

**Members:** Ms Esendemir Sekhon Berna

Mr Joshi s/o Chandrasenan

Mr Jeffrey Lee

Mr Mohammed Zullkarnain Bin Abdul Aziz

Mr Teo Donavan

Mr Wu Che Vun Steven

Ms Xiao Li En

#### RESEARCH AND PUBLICATION STANDING COMMITTEE - REPORT BY CO-CHAIRPERSON, DR FREDERICK LOW

The Committee was formed to formalise the Association's long-standing intent to support local research in counselling and psychotherapy. During the year under review, the committee conceptualised and put in action the plan to gather interests from authors keen to contribute to SAC's first academic publication. A Call for Abstract was sent out and a healthy response was received. The committee is progressing to invite full papers on the shortlist and is on target to deliver the publication in conjunction with our 40<sup>th</sup> Anniversary celebration in 2022.

The Committee also went through some changes towards the end of 2020. Due to work and other reasons, Dr Tan Soo Yin and Dr Jennifer Isabelle Ong stepped down from the Committee. We thank them for their invaluable contribution during their time with us. The Committee looks forward to further growth and development in 2021 in order to materialise the Association's intention to do more in the area of counselling and psychotherapy research.

#### MEMBERS OF THE RESEARCH & PUBLICATIONS STANDING COMMITTEE

Co-Chairperson: Dr Frederick Low
Co-Chairperson: Dr Lee Boon Ooi
Members: Dr Alicia Pon

Dr Chan Pei See Joyce

Dr Gilbert Fan Dr Tan Soo Yin

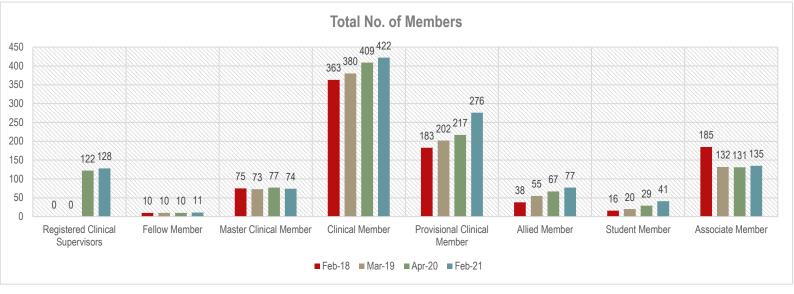
Dr Jennifer Isabelle Ong

## Membership Strength as at 28<sup>th</sup> February 2021

	Membership Categories	Feb-18	Mar-19	Apr-20	Feb-21
Category A:	Fellow Member	10	10	10	11
Category B:	Master Clinical Member	75	73	77	74
Category C:	Clinical Member	363	380	409	422
Category D:	Provisional Clinical Member	183	202	217	276
Category E:	Allied Member	38	55	67	77
Category F:	Student Member	16	20	29	41
Category G:	Associate Member	185	132	131	135
	TOTAL:	870	872	940	1036

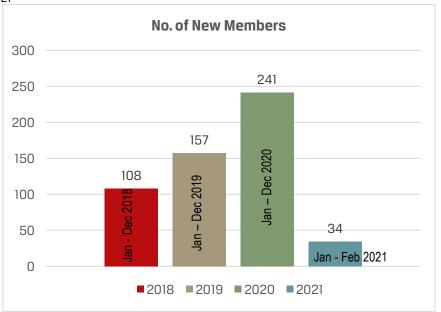
REGISTERS IN SAC	2019	2020	2021*
No. of Registered Counsellors (RC)	267	371	404
No. of Registered Clinical Supervisors (RCS)	unavailable	122	128

<sup>\*</sup>as at 28 Feb 2021



Total no of now members	2018	2019	2020	2021*
Total no. of new members	108	157	241	34

\*as at 28<sup>th</sup> Feb 2021



## Minutes of the 38<sup>th</sup> Annual General Meeting held on 26<sup>th</sup> June 2020

Minutes of 38<sup>th</sup> Annual General Meeting of Singapore Association for Counselling (SAC) Held on 26<sup>th</sup> June 2020 via Online Platform – Zoom

1	Opening Address
1.1	The 38 <sup>th</sup> Annual General Meeting (AGM) commenced at 7.30pm with a warm welcome by emcee Ms Giam Xiuhui, Jenny.
1.2	Number of attendees: 74 (refer to Annex A) Voting Members: 74 Non-Voting Members: 0 As such, quorum was achieved to commence with the AGM.
1.3	Mr. Sam Kuna, President of SAC and Chairman of AGM presented the agenda for the 38 <sup>th</sup> AGM:  1. To approve the Minutes of the 37 <sup>th</sup> Annual General Meeting held on 29 <sup>th</sup> March 2019  2. To adopt the Annual Report 2019  3. To adopt the Financial Report ended 31 <sup>st</sup> December 2019  4. Election of the Executive Committee for 2020 – 2022  5. Appointment of Register Board (2020 – 2022)  6. Appointment of Honorary Auditor for 2020 – 2021  7. To transact any other business  7.1. Nomination of Fellow Member  7.2. Professional Indemnity Matters
2	Acceptance of Minutes of the 37 <sup>th</sup> Annual General Meeting 2019
2.1	Members accepted the Minutes of the 37 <sup>th</sup> Annual General Meeting held on 29 <sup>th</sup> March 2019, without amendments.
2.2	Proposed for Acceptance: Dr Chan Pei See Joyce, B0033 Seconded for Acceptance: Mr Dubey Ram Narain, C0284
2.3	Vote count via proxy forms: For: 56 (96.55%) Against: 0 (0.00%) Abstain: 2 (3.44%) Total forms received: 59 (including 1 invalid)
3	Annual Report for 2019
3.1	Chairman presented the following key highlights from the Annual Report 2019:  a) Reports and Updates by the respective Boards and Sub-Committees  b) Updates on Membership Strength – as of April 2020, there are 940 members of whom 496 are Registered Counsellors. There were 157 new members within the year 2019.
3.2	Proposed for Acceptance: Ms Debbie Hogan, B0012 Seconded for Acceptance: Dr Teoh Tan Ping Angeline, C0223

For: 57 (98.27%) Against: 0 (0.00%) Abstain: 1 (1.72%)

Total forms received: 59 (including 1 invalid)

#### 4 Financial Report 2019

4.1 Ms. Audrey Yeo, Honorary Treasurer of SAC, in the presence of Mr. Dubey Ram Narain, Honorary Auditor, presented the financial statement for the year ended 31 December 2019, emphasising on the following figures:

a) Income:

Membership Subscriptions: \$120,199.00Course Recognition Fees: 13,125.00

Advertising Income: \$19,288.00

b) Assets: \$388,302.00

Trade Receivables of \$9,468.00 in 2018 decreased to \$726.00 in 2019.

c) Expenditures: \$103,877.00

d) Balance as at 31 December 2019: \$319,188.00

4.2 The Financial Report 2019 was presented to members for acceptance.

Proposed for Acceptance: B0071 Mr Ng Chong Chee Dan, B0071

Seconded for Acceptance: Dr C. Joshi, C0217

4.3 Vote count via proxy forms:

For: 56 (96.55%) Against: 0 (0.00%) Abstain: 2 (3.44%)

Total forms received: 59 (including 1 invalid)

#### 5 Election of the Executive Committee for 2020 – 2022

5.1 Since there is no contest for each position of the Executive Committee, the votes were based on confidence.

The Chairman sought for the list of nominees to be voted en bloc.

Proposed for Acceptance: Ms Sukumaran Nair Indu, C0297 Seconded for Acceptance: Mr Teo Wei Pin Edmund, C0041

5.2 Vote count via proxy forms:

	Name	For	Against	Abstain
President	Dr Low Poi Kee Frederick	56 (96.55%)	1 (1.72%)	1 (1.72%)
Vice President	Mr Lam Kee Soon Andy	56 (96.55%)	1 (1.72%)	1 (1.72%)
2 <sup>nd</sup> Vice President	Mr Ng Chong Chee Dan	55 (94.82%)	1 (1.72%)	2 (3.44%)
<b>Honorary Secretary</b>	Rev Sam Kuna	56 (96.55%)	0 (0.00%)	2 (3.44%)
Asst. Honorary Secretary	Ms Hema Gurnani	54 (93.10%)	1 (1.72%)	3 (5.17%)
Honorary Treasurer	Ms Au Hoi Ting	54 (93.10%)	0 (0.00%)	4 (6.89%)
Committee Member	Ms Giam Xiuhui, Jenny	55 (94.82%)	1 (1.72%)	2 (3.44%)
Committee Member	Ms Lim Bee Bee Carolyn	55 (94.82%)	0 (0.00%)	3 (5.17%)

Total proxy forms received: 59 (including 1 invalid)

- 5.3 The following positions are currently vacant:
  - a) Assistant Honorary Treasurer
  - b) Committee Member (2 positions)

#### 6 Appointment of Register Board (2020 – 2022)

- 6.1 The Register Board is governed by the SAC Constitution. Hence, there will be new appointments in the Register Board each new term. The following members have been appointed for the period 2020 2022:
  - a) Chairperson: Ms Giam Xiuhui, Jenny
  - b) Mr Ng Chong Chee, Dan

- c) Ms Yap Xiu Fen Denise
- d) Ms Reena Goenka
- e) Ms Rose Faquir
- f) Ms Yuyu Kow Jia Qi
- 6.2 The Chairman welcomed the two (2) new members: Mr Dan Ng and Ms Yuyu Kow.
- 6.3 SAC would like to express special thanks to the following outgoing members for their contributions to the Register Board (2018-2020):
  - a) Mr Bernard Mackenzie
  - b) Dr Frederick Low
  - c) Ms Silvia Wetherell

#### 7 Appointment of Honorary Auditor for 2020 – 2021

- 7.1 Chairman noted that a new auditor is usually appointed (or reappointed) for a term of two (2) years. Special thanks to Mr Dubey Ram Narain for his effort and support over the past four (4) years. Chairman presented the appointment of Mr Ram Dubey Narain as Honorary Auditor for another one (1) year from 2020 2021 as per best practice of a maximum five (5) years of service.
- 7.2 Proposed for Acceptance: Mr Leong Kok Kuan Tony, C0323 Seconded for Acceptance: Ms Chin Mew Yam Flora, C0300
- 7.3 Vote count via proxy forms:

For: 56 (96.55%) Against: 1 (1.72%) Abstain: 1 (1.72%)

Total forms received: 59 (including 1 invalid)

#### 8 Any Other Business

#### 8.1 <u>Nomination of Fellow Member</u>

Mr Andy Lam, Honorary Secretary presented the Nomination of Fellow Member for Rev Sam Kuna. Ms Trina Tan delivered a citation for Rev Sam Kuna.

- 8.1.1 Proposed for Acceptance: Mr Sam Roberts, D0085 Seconded for Acceptance: Mr Lau Hon Shin, B0075
- 8.1.2 Vote count via proxy from voting members:

For: 57 (98.27%) Against: 0 (0.00%) Abstain: 1 (1.72%)

Total forms received: 59 (including 1 invalid)

#### 8.2 Professional Indemnity (PI) Matters

Mr Andy Lam, Honorary Secretary provided a statement for a query sent to EXCO regarding a proposal to discuss the possibility of customisation of plans beyond the current basic primary cover that the Association has arranged. SAC is arranging to review PI matters with the insurer and will include this as part of the discussion in due time.

#### 9 Concluding Statement by Chairman

- 9.1 Mr Sam Kuna, President of SAC and Chairman of AGM expressed special thanks to:
  - a) Secretariat, Ms Sandra Lim and Accountant, Ms. Sarah Phua
  - b) Emcee, Ms Giam Xiuhui Jenny
  - c) EXCO Members
  - d) And all members of SAC

10	Closure of AGM 2020
10.1	As there were no other matters, the Chairman declared that the AGM to be adjourned.
10.2	Proposed for Acceptance: Ms Tan Li Lian Trina, B0008 Seconded for Acceptance: Ms Chia Siew Lian, Anita, C0401

#### **Minutes Prepared By:**

Ms Sandra Lim, Assistant Manager & Secretariat

#### **Vetted By:**

Mr. Andy Lam, Honorary Secretary (2018-2020) Rev Sam Kuna, President (2018-2020)

#### Annex A - List of Attendees

S/N	Names	Membership Number	Voting Member
1	Juliana Toh	A0009	Yes
2	Hema Gurnani	B0001	Yes
3	Trina Tan	B0008	Yes
4	Joseph John	B0009	Yes
5	Jessica Leong	B0010	Yes
6	Debbie Hogan	B0012	Yes
7	Sam Kuna	B0015	Yes
8	Adrian Lim Peng Ann	B0028	Yes
9	Linda Koh Ai Sim Koh	B0031	Yes
10	Joyce Chan	B0033	Yes
11	Saradha Ramachandran	B0037	Yes
12	Evelyn Rochelle Koh Hwee Lin	B0048	Yes
13	Yeo Kong Leong Alan	B0053	Yes
14	Diana Chandra	B0061P	Yes
15	Bryan Shen	B0063	Yes
16	Toh Hwee Boon	B0070	Yes
17	Ng Chong Chee Dan	B0071	Yes
18	Andy Lam	B0072	Yes
19	Ada Chung	B0073	Yes
20	Lau Hon Shin	B0075	Yes
21	Florence Ruth Loo	C0001	Yes
22	Tan Soon Choon	C0016	Yes
23	Angeline Teoh Tan Ping	C0023	Yes
24	Nellie Mok	C0039	Yes
25	Edmund Teo Wei Pin	C0041	Yes
26	Leong Woo Ho Raymond	C0061	Yes
27	Joachim Lee	C0115	Yes
28	Frederick Low	C0116	Yes
29	Cheong Mun Yee	C0120	Yes
30	Lawrence Goh	C0157	Yes
31	Ang Teck Ee	C0158	Yes
32	Deng Chee Kwong Jeremiah	C0176	Yes
33	Jaslyn Ng	C0177P	Yes
34	Vandana Khanna	C0179	Yes
35	Seow Kwee Yong	C0197	Yes
36	Suzanna Lee	C0206	Yes
37	Carolyn Lim Bee Bee	CO213	Yes
38	Chandrasenan Joshi	C0217	Yes
39	Andy Sim	C0222	Yes
40	Audrey Yeo	C0224	Yes
41	Vinti Mittal	C0230P	Yes
42	Shee Yean Poh	C0233P	Yes
43	Rose Faquir	C0245	Yes
44	Goh Tian Seah Richard Goh	C0248	Yes
45	Jean Tay	C0261	Yes
46	Chin Hui Shin Martin	C0269	Yes
47	Ram Dubey	C0284	Yes
48	Giam Xiuhui	C0286	Yes
49	Indu Sukumaran Nair	C0297	Yes
50	Chin Mew Yam Flora	C0300	Yes

S/N	Names	Membership Number	Voting Member
51	Lim Zhiyi Gymy	C0315	Yes
52	Tony Leong	C0323	Yes
53	Carrie Chan	C0330	Yes
54	Au Hoi Ting	C0348	Yes
55	Silvia Wetherell	C0366	Yes
56	Wesley Sng Wee Kiang	C0368	Yes
57	Raymond Chong	C0386	Yes
58	Anthony Yeo	C0392	Yes
59	Chia Siew Lian Anita	CO401	Yes
60	Joan Chia Puay Cher	CO418	Yes
61	Tay Ee Leng Elaine	CO431	Yes
62	Chooi Meisin	C0432	Yes
63	Lam Wai Mun	C0434	Yes
64	Hilton Ho	C0458	Yes
65	Yuyu Kow Jia Qi	C0469	Yes
66	Tan Sook Khuan	D0023	Yes
67	Sam Roberts	D0085	Yes
68	Leonard Kwek	D0128	Yes
69	Chen Jing	D0129	Yes
70	Sapna Mathews	D0193	Yes
71	Koh Hui-Min Joanna	D0299	Yes
72	Bong Yioe Ling	D0310	Yes
73	Irene Toh	D0352	Yes
74	Alvin Ho	E0007	Yes

#### SINGAPORE ASSOCIATION FOR COUNSELLING

(Co. Reg. No: S83SS0024D)

AUDITED FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED
31 DECEMBER 2020

SINGAPORE ASSOCIATION FOR COUNSELLING S83SS0024D General Information

#### **Executive Committee Members**

Dr Low Poi Kee Frederick President Lam Kee Soon Andy Vice President 2<sup>nd</sup> Vice President Ng Chong Chee Dan Hon. Treasurer Au Hoi Ting Sam Kuna Hon. Secretary Chang Cheng Ern Lydia (co-opted) Asst. Hon. Treasurer Hema Gurnani Asst. Hon. Secretary Lim Bee Bee Carolyn Member Giam Xiuhui Jenny Member Xiao Li En (co-opted) Member Dr Chan Pei See Joyce (co-opted) Member

#### **Registered Office**

190 Clemenceau Avenue #06-01, Work Central Offices Singapore 239924

Index	Page
	_
Statement of the Executive Committee	1
Report of the Auditor to the Members	2
Statement of Income and Expenditure	3
Statement of Financial Position	4
Statement of Changes in Accumulated Fund	5
Statement of Cash Flows	6
Notes to the Financial Statements	7 – 14

SINGAPORE ASSOCIATION FOR COUNSELLING \$83\$\$0024D \$TATEMENT OF THE EXECUTIVE COMMITTEE FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2020

The Executive Committee is pleased to present their statement to the members together with the audited financial statements of Singapore Association For Counselling (the 'Association') for the financial year ended 31 December 2020.

#### 1. Opinion of the Executive Committee

In the opinion of the Executive Committee,

- (a) the financial statements of the Association are drawn up so as to give a true and fair view of the financial position of the Association as at 31 December 2020 and the statement of income and expenditure, changes in accumulated fund and cash flows of the Association for the year then ended; and
- (b) at the date of this statement, there are reasonable grounds to believe that the Association will be able to pay its debts as and when they fall due.

#### 2. Executive Committee

The Executive Committee of the Association in office at the date of this statement are:

Dr Low Poi Kee Frederick
Lam Kee Soon Andy
Ng Chong Chee Dan
Au Hoi Ting
Sam Kuna
Chang Cheng Ern Lydia (co-opted)
Hema Gurnani
Lim Bee Bee Carolyn
Giam Xiuhui Jenny
Xiao Li En (co-opted)
Dr Chan Pei See Joyce (co-opted)

On behalf of the Executive Committee,

Dr Low Poi Kee Frederick President

Singapore 10 March 2021 Au Hoi Ting Hon, Treasurer

SINGAPORE ASSOCIATION FOR COUNSELLING \$83\$\$0024D REPORT OF THE AUDITOR TO THE MEMBERS FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2020

#### 1. Opinion

I have audited the accompanying financial statements of the Association comprising the statement of financial position as at 31 December 2020, statement of income and expenditure and statement of changes in accumulated fund and statement of cash flows for the year then ended.

In my opinion,

- (a) the financial statements of the Association are drawn up so as to give a true and fair view of the financial position of the Association as at and the statement of income and expenditure, changes in accumulated fund and cash flows of the Association for the year then ended; and
- (b) the accounting and other records required by the regulations enacted under the Societies Act to be kept by the Institute have been properly kept in accordance with those regulations.

Dubey Ram Narain

Auditor

Singapore 10 March 2021

SINGAPORE ASSOCIATION FOR COUNSELLING \$83\$\$0024D \$TATEMENT OF INCOME AND EXPENDITURE FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2020

	Notes	2020 \$\$	2019 S\$
INCOME Membership subscriptions (incl RC & CS fees) Course Recognition Fees Advertising Income Other Income Members activities/projects	4	125,796 15,000 10,135 452 1,600	120,199 13,125 19,288 19,499 (238)
Total Trade Income		152,983	171,873
OTHER INCOME Interest Income Government Grants	5	1,522 10,418	1,462
Total Income		164,923	173,335
EXPENDITURE Administrative support			6,907
Accounting fees Bad debt expense		7,690 681	8,040
Bank charges Computer expenses & software CPF contribution		227 400 6,018	296 1,201 6,190
Depreciation General expenses		7,100 387 112	8,794 184 13
Fines & penalties Internet/website Insurance		11,385 2,496	15,094 1,248
Meeting expenses - Exco & Subcomm Meeting expenses - AGM Office & equipment reptal		867 400	1,719 6,474
Office & equipment rental Postage and courier Printing and stationery Refreshments		6,861 166 2,209 66	8,111 180 519 318
Reviewer fees for course recognition Salaries		6,600 35,400	36,409
Skill development fund Subscriptions Telephone		82 1,369 862	89 556 902
Transportation		360	633
Total Expenditure		91,738	103,877
Net Surplus/(Deficit)		73,185	69,458
Income tax expense	6	4,447	7,712
Total Surplus/(Deficit) after tax		68,738	61,746

The accompanying accounting policies and explanatory information form an integral part of the financial statements.

SINGAPORE ASSOCIATION FOR COUNSELLING \$83\$\$0024D \$TATEMENT OF FINANCIAL POSITION FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2020

	Notes	2020 \$\$	2019 S\$
ASSETS			
Fixed assets Computer Equipment Less: Acc Dep on Computer Equipment Systems & Software Less: Acc Dep on Systems & Software	7	1,692 (1,692) 21,300 (14,200) 7,100	1,692 (1,692) 21,300 (7,100) 14,200
Current assets Cash and cash equivalents Trade receivables Deposits Prepayments Other receivables	8 9	414,611 2,384 602 2,439 1,250 421,286	358,284 726 602 2,615 11,875
Total assets	_	428,386	388,302
ACCUMULATED FUND AND LIABILITIES			
Accumulated fund		387,926	319,188
Current liabilities			
Income tax payable		5,653	7,712
Trade payables	12	3,689	37,197
Other payables	13	31,118	24,205
	_	40,460	69,114
Total accumulated fund and liabilities	_	428,386	388,302

The accompanying accounting policies and explanatory information form an integral part of the financial statements.

SINGAPORE ASSOCIATION FOR COUNSELLING \$83\$\$0024D \$TATEMENT OF CHANGES IN ACCUMULATED FUND FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2020

	2020 \$\$	2019 S\$
	s\$	s\$
Balance at the start of the year	319,188	257,442
Surplus/(Deficit) for the period after taxation	68,738	61,746
Balance at the end of the year	387,926	319,188

SINGAPORE ASSOCIATION FOR COUNSELLING \$83\$\$0024D \$TATEMENT OF CASH FLOWS FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2020

	2020 \$\$	2019 \$\$
Cash flows from operating activities Profit before tax	73,185	69,458
Adjustment for: Dep of Property, plant and equipment under s19a	7,100	8,794
Operating profit before working capital changes	80,285	78,252
Changes in working capital: Trade receivables Other receivables and prepayments Trade and other payables	(1,658) 10,801 (26,595)	5,742 (8,868) 24,456
Cash generated from operations Income tax paid	62,833 (6,506)	99,582
Net cash flows from operating activities	56,327	99,582
Cash flows from investing activities		
Acquisition of property, plant and equipment		(22,994)
Net cash flows used in investing activities	-	(22,994)
Cash flows from financing activities		
Net cash flows used in financing activities	-	-
Net increase in cash and cash equivalents	56,327	76,588
Cash and cash equivalents at beginning of financial year	358,284	281,696
Cash and cash equivalents at end of financial year	414,611	358,284

The accompanying accounting policies and explanatory information form an integral part of the financial statements.

SINGAPORE ASSOCIATION FOR COUNSELLING S83SS0024D NOTES TO THE FINANCIAL STATEMENTS FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2020

These information form an integral part and should be read in conjunction with the accompanying unaudited financial statements.

#### 1 General

The Association (UEN. No. S83SS0024D) is registered in Singapore under the Societies Act, Cap 311 with its registered office and principal place of business at 190 Clemenceau Avenue #06-01, Work Central Offices Singapore 239924.

The Singapore Association for Counselling is a professional body representing the interests of counsellors and psychotherapists in Singapore, including generating knowledge sharing and establishing best practice standards, to generate continued growth of the profession to meet the interests of clients.

#### 2. Summary of significant accounting policies

#### 2.1 Basis of preparation

The financial statements of the Assocation have been drawn up in accordance with Singapore Financial Reporting Standards ("FRS"). The financial statements have been prepared on the historical cost basis except as disclosed in the accounting policies below.

The financial statements are presented in Singapore Dollars (S\$), which is the Association's functional currency.

#### 2.2 Adoption of new and revised standards

The accounting policies adopted are consistent with those of the previous financial year except in the current financial year, the Association has adopted all the new and revised standard which are relevant to the Association and are effective for annual financial periods beginning on or after 31 December 2020. The adoption of these standards did not have any material effect on the financial statements.

#### 2.3 Standards issued but not yet effective

A number of new standards, amendments to standards and interpretations are issued but effective for annual periods beginning after 31 December 2020, and have not been applied in preparing these financial statements. The Association does not plan to early adopt these standards.

SINGAPORE ASSOCIATION FOR COUNSELLING \$83\$\$0024D NOTES TO THE FINANCIAL STATEMENTS (Continued) FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2020

#### 2. Summary of significant accounting policies (Continued)

#### 2.3 Standards issued but not yet effective (Continued)

The following standards that have been issued but not yet effective are as follows:

Description	Effective for annual periods beginning on or after
Amendment to FRS 116 Leases: Covid-19-Related Rent Concessions	1 June 2020
Amendments to FRS 109 Financial Instruments, FRS 39 Financial Instruments: Recognition and Measurement FRS 107 Financial Instruments: Disclosures, FRS 10 Insurance Contracts, FRS 116 Leases: Interest Rate Benchmark Reform—Phase 2	04
Amendments to FRS 16 Property, Plant and Equipment: Proceeds before Intended Use	1 Jan 2022
Amendments to FRS 37 Provisions, Contingent Liabilities and Contingent Assets: Onerous Contracts – Cost of Fulfilling a Contract	1 Jan 2022 f
Annual Improvements to FRSs 2018-2020	1 Jan 2022
Amendments to FRS 1 Presentation of Financial Statemen Classification of Liabilities as Current or Non-current	
Amendments to FRS 110 Consolidated Financial Statemer and FRS 28 Investments in Associates and Joint Ver Sale or Contribution of Assets between an Investor a Associate or Joint Venture	ntures: determined

The Executive Committee accepts that the adoption of the standards above will have no material impact on the financial statements in the period of initial application.

#### 2.4 Property, plant and equipment

All items of property, plant and equipment are initially recorded at cost. Subsequent to recognition, property, plant and equipment are measured at cost less accumulated depreciation and any accumulated impairment losses. The cost of property, plant and equipment includes its purchase price and any costs directly attributable to bringing the asset to the location and condition necessary for it to be capable of operating in the manner intended by management. Dismantlement, removal or restoration costs are included as part of the cost of property, plant and equipment if the obligation for dismantlement, removal or restoration is incurred as a consequence of acquiring or using the property, plant and equipment.

Depreciation is calculated using the straight-line method over their estimated useful lives. Depreciation is recognised from the date that the property, plant and equipment are installed and are ready for use, or in respect of internally constructed assets, from the date that the asset is completed and ready for use.

SINGAPORE ASSOCIATION FOR COUNSELLING S83SS0024D NOTES TO THE FINANCIAL STATEMENTS (Continued) FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2020

#### 2. Summary of significant accounting policies (Continued)

#### 2.4 Property, plant and equipment (Continued)

 The estimated useful lives are as follows:
 Useful lives

 Assets below \$\$2,000
 12 months

 Assets above \$\$2,000
 36 months

#### 2.5 Financial instruments

#### a) Financial assets

#### Initial recognition and measurement

Financial assets are recognised when, and only when, the Assocation becomes a party to the contractual provisions of the financial instrument. The Association determines the classification of its financial assets at initial recognition.

When financial assets are recognised initially, they are measured at fair value, plus, in the case of financial assets not at fair value through profit or loss, directly attributable transaction costs.

#### De-recognition

A financial asset is derecognised when the contractual right to receive cash flows from the asset has expired. On de-recognition of a financial asset in its entirety, the difference between the carrying amount and the sum of the consideration received and any cumulative gain or loss that has been recognised in other comprehensive income is recognised in profit or loss.

#### b) Financial liabilities

#### Initial recognition and measurement

Financial liabilities are recognised when, and only when, the Association becomes a party to the contractual provisions of the financial instrument. The Association determines the classification of its financial liabilities at initial recognition.

All financial liabilities are recognised initially at fair value plus in the case of financial liabilities not at fair value through profit or loss, directly attributable transaction costs.

SINGAPORE ASSOCIATION FOR COUNSELLING S83SS0024D NOTES TO THE FINANCIAL STATEMENTS (Continued) FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2020

#### 2. Summary of significant accounting policies (Continued)

#### 2.5 Financial instruments (Continued)

#### b) Financial liabilities (Continued)

#### De-recognition

A financial liability is de-recognised when the obligation under the liability is discharged, cancelled or expires. When an existing financial liability is replaced by another from the same lender on substantially different terms, or the terms of an existing liability are substantially modified, such an exchange or modification is treated as a de-recognition of the original liability and the recognition of a new liability, and the difference in the respective carrying amounts is recognised in profit or loss.

#### 2.6 Cash and cash equivalents

Cash and cash equivalents comprise cash at banks and on hand and are subject to an insignificant risk of changes in value. These also include bank overdrafts that form an integral part of the Company's cash management.

#### 2.7 Provisions

Provisions are recognised when the Company has a present obligation (legal or constructive) as a result of a past event, it is probable that an outflow of resources embodying economic benefits will be required to settle the obligation and the amount of the obligation can be estimated reliably.

#### 2.8 Government grants

Government grants are recognised when the grant is received and all attaching conditions are complied with.

#### 2.9 Employee benefits

#### a) Defined contribution plans

The Association makes contributions to the Central Provident Fund scheme in Singapore, a defined contribution pension scheme. Contributions to defined contribution pension schemes are recognised as an expense in the period in which the related service is performed.

#### Short-term employee benefits

Short-term employee benefit obligations are measured on an undiscounted basis and are expensed as the related service is provided. A liability is recognised for the amount expected to be paid if the Association has a present legal or constructive obligation to pay this amount as a result of past service provided by the employee, and the obligation can be estimated reliably.

SINGAPORE ASSOCIATION FOR COUNSELLING S83SS0024D NOTES TO THE FINANCIAL STATEMENTS (Continued) FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2020

#### Summary of significant accounting policies (Continued)

#### 2.10 Revenue recognition

Revenue is recognised to the extent that it is probable that the economic benefits will flow to the Company and the revenue can be reliably measured, regardless of when the payment is made. Revenue is measured at the fair value of consideration received or receivable, taking into account contractually defined terms of payment and excluding taxes or duty.

#### Rendering of services (Advertising & Course Recognition)

Revenue from rendering of services is recognised when the services have been confirmed or performed and rendered, and when there is transfer of significant risks and rewards of the services rendered to the customer. Revenue is not recognised to the extent where there are significant uncertainties regarding recovery of the consideration due, associated costs or the cancellation of services.

#### b) Membership subscriptions

Membership subscriptions are recognised upon the approval of membership subscriptions. Membership subscription fees are not recognised to the extent where there are significant uncertainties regarding recovery of the consideration due.

#### Member activities/projects

Income from member activities/projects are recognised at net of collections (if any), less direct expenses incurred on such activities/projects.

#### d) Interest income

Interest income is recognised on a time proportion basis using the effective interest method.

#### 2.11 Taxes

#### a) Current income tax

Current income tax assets and liabilities for the current and prior periods are measured at the amount expected to be recovered from or paid to the taxation authority. The tax rates and tax laws used to compute the amount are those that are enacted or substantively enacted at the reporting date.

#### Significant accounting judgments and estimates

The management is of the opinion that there are no significant judgments made in applying accounting estimates and policies that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

### **Financial Statements**

SINGAPORE ASSOCIATION FOR COUNSELLING \$83\$\$0024D NOTES TO THE FINANCIAL STATEMENTS (Continued) FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2020

### 4. Members' Activities/Projects

The net income/(deficit) from members' activites/projects were as follows:

Activities	Income \$\$	Expenses \$\$
2020 Group Supervision Session (via Zoom)	1,600	
Net income/(deficit) from activities/projects		1,600
2019	645	(883)
Net income/(deficit) from activities/projects	_	(238)

### 5. Interest Income

Interest income is earned from short-term fixed deposits placed with DBS and Maybank. The interest rate on these short-term fixed deposits range from 0.15%-2.0% (2019: 0.15%-2.0%) per annum.

### Income tax expense

### Relationship between tax expense and accounting profit

A reconciliation between tax expense and the product of accounting profit multiplied by the applicable corporate tax rate for the financial years ended 31 December 2020 and 2019 were as follows:

	2020 \$\$	2019 <b>S</b> \$
Profit before tax	73,185	69,458
Income tax using the statutory tax rate of 17% Tax effects of:	12,441	11,808
Non-deductible expenses	1,226	-
Full/partial exemption of income	(6,502)	(6,329)
Non-taxable income	(1,512)	-
Capital allowances	-	-
Under/(over)provision in respect of prior years	(1,206)	2,233
Income tax expense recognised in profit or loss	4,447	7,712

### **Financial Statements**

SINGAPORE ASSOCIATION FOR COUNSELLING \$83\$\$0024D NOTES TO THE FINANCIAL STATEMENTS (Continued) FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2020

7.	Property, plant and equipment  Cost	Computer Equipment \$\$	Systems & Software S\$
	At 1 January 2020 Additons Disposals	1,692	21,300
	At 31 December 2020	1,692	21,300
	Accumulated Depreciation At 1 January 2020 Depreciation Disposals	1,692 -	14,200
	At 31 December 2020	1,692	14,200
	Carrying amount At 31 December 2020		7,100
	At 31 December 2019		14,200
8.	Cash and cash equivalents		
		2020 S\$	2019 \$\$
	Cash at banks Fixed deposits	167,810 246,801 414,611	208,247 150,037 358,284
9.	Trade receivables		
		2020 \$\$	2019 \$\$
	Trade receivables Third parties	200	
	Members	2,865 3,065	726 726
		•	120
	Less: Allowance for expected credit losses	(681)	-
		2,384	726

Trade receivables are non-interest bearing and are generally on 30 days' terms.

### **Financial Statements**

SINGAPORE ASSOCIATION FOR COUNSELLING \$83\$\$0024D NOTES TO THE FINANCIAL STATEMENTS (Continued) FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2020

10.	Other receivables	2020 \$\$	2019 \$\$
	Unbilled Course recognition renewal fees	1,250	11,875
11.	Trade payables	2020 S\$	2019 \$\$
	Trade payables to: Third parties Members	1,103 2,586 3,689	37,197 - 37.197

These amounts are non interest-bearing. Trade payables are normally settled on 30-60 days' terms.

#### Other payables

odioi payanio	2020 \$\$	2019 \$\$
Sundry creditors	3,902	2,209
CPF payable	2,233	1,188
Accrued expenses	490	490
Professional indemnity premium payable	14,285	19,340
Unearned course recognition fees	10,208	
Unearned interest income	_	978
	31,118	24,205

### 13. Significant related party transactions

There were no related party transactions nor compensation made to any key management personnel during the current nor preceding year.

### 14. Financial risk management

The key financial risk is credit risk. The exco reviews and agrees on policies and procedures for the management of this risk, which are executed by the team.

Credit risk refers to the risk that the counterparty will default on its contractual obligations resulting in a loss to the Association. The Association's exposure to credit risk arises primarily from trade receivables.

The Association performs regular reviews of its aging trade receivables to manage its credit risk; any members who default on payments for more than 90 days are evaulated for recoverability and terminated if such defaults on payments persist.

**FELLOW MEMBERS** 

D'Rozario Vilma Khoo Molly Kuna Sam Nair Elizabeth

Ng Tiat Khuan Jonathan

Ong Teck Hong
Syn Margaret
Tan Swee Yee Joyce
Thio-Ho Twa Moi Vicky
Toh-Chua Juliana Swee Lin
Yeoh Gueh Kwang

**MASTER CLINICAL MEMBER** 

Ang Teck Ee

Ang Ting Ting Sophia Anna Maria Low Bong Benny

Bung Theresa (Tan Lee) Chan Lai Cheng Jessica Chan Pei See Joyce Chan Teck Yoong Theresa Chen Xiao Ming Jean Cheong Wah Loong Alvin

Cho Chia Min Chua Irene

Chua Wang Soon Ruth Chung Yee Lin Ada De Souza Virginia Diana Chandra

Evelyn Rochelle Koh Hwee Lin

Goh Song Eng

Guee Chai Koong Andy Gupta Suhrita (Rita) Hema Gurnani Ho Geok Choon Danny

Ho Swee Min Laurence

Hogan, Debbie

Jim Bin Ismail Omar Bek

John, Joseph

Joshi s/o Chandrasenan Koay Li May Michelle

Koh Ai Jin

Koh Ai Sim Linda

Koh Choo Choo Sharon (Mrs Sharon Sng)

Koh Soo-Tho Angelina

Kok Lee Fong Kong Seet Mui Lam Kee Soon Andy Lau Hon Shin Lee Boon Ooi

Lim Beng Khuan Christine Lim Peng Ann Adrian Lim-Choy Puay Wun Lim-Teo Lek Mei Charlene

Loi Irene

Loke Keng Choong Low Teck Keong

Mack Wing Hung Wilson Moong San Hwee Leonard

Ng Bee Eng Debbie

Ng Carolyn

Ng Chong Chee Dan Nisha Rani Rugnath Nur Farha Qaiyishah Raj

Ong Chooi Seng Ong Kie Wee Tony Ong Kwee Hiong Clare Ow Yong Lai Meng

Pushpalatha Sheena Jebal Quek Jwee Leng Edwin Saradha Ramachandran Shen Shuyliang Bryan Crucis

Tan Boon Huat

Tan Chin Yeow Augustine
Tan Kay San Wilson
Tan Li Lian Trina
Teo Lak Kwang William
Toh Hwee Boon
Wong Mee Yin (May)
Yap Lay Khoon Doris
Yeo Kong Leong Alan
Yeo See See Lynette

Yoo Siew Foong Florence

**CLINICAL MEMBER** 

Achanta Shanti Agashe Madhura

Alicia Pon

Alicia Poon-Loke Foong Ping

Alpana Pal

Ang Bee Lin Marlene Ang Bin Hua Yvonne Ang Kim San Norman Anna Catherine Livingston

Au Hoi Ting

Au Kum Ying Jennifer Azrin Bin Abdul Rahim

Bauer Muriel
Beck Kevin Roy
Bernard Mackenzie
Castro, Genevere Tolibas.
Celestine Chua Yun Na
Chai Chin Yaun Nancy
Chan Guat Choo

Chan Hong Khim Albina

Chan Ka Po

Chan Lai Peng Victoria

Chan May Peng Chan Peng Meng

Chan Peng Yew Raymond Chan Quee Eng Carrie Chan Sook Ying Jacqueline Chan Tuck Chee Philip

Chan Wai Kuen Adelina Chan Yim Peng Grace Chan Yin Fun Rachel

Chang Cheng Ern Lydia (Lim C.E Lydia)

Chang Choy Ling Florence Chang Xue Li Sherry Charley Joyce Chee Ai Lay

Chee Hsieh Mei Charmaine

Chee Sau Mui Fiona

Chen Boyu
Chen Sheau Ing
Chen Shiyun Charlotte
Chen Ya Shu Michelle
Cheng Chee Seng
Cheng Chi Yin Sylvia
Cheong Mun Kin
Cheong Mun Yee
Chew Geok Bee
Chew Hwee Min
Chew Jee Seng

Chew Yat Peng Chia Hui Erl Chia Kwok Ying

Chew Nicole Anne

Chia Lee Meng Pauline Chia Puay Cher Joan Chia Siew Lian Anita Chia Wen Chien Chiam Ling Ling

Chiang Siew Wei Francisca Chieng Yee Chie Joycelyn

Chin Ga Li Chin Hui Shin Chin Mew Yam Flora Chin Yoke Mun

Chin Yong Ann Michael

Ching Pui Fun

Chiu Mei Mei Cassandra Chng Jun Hui Kayla Chng Sock Wah Paulina Chok Juin Hwa Karen

Chong Evelyn Chong Kaiwei

Chang Choy Ling Florence

Chong Kum Wah Raymond

Chong Lie San

Chong-Tan Seok Hwa Vivien

Choo Hua Long Joseph

Choo Siew Noi Chooi Mei Sin

Chou Shen Chi Deborah nee Lie

Chow Oi Har

Chua Gek Lin Germaine Chua Hock Leng Timothy

Chua Kah Hwee Chua Li Ming Elaine

Chua Wenting Dominica Candy

Chung Ee-Lynn Rachel Cindy Kong Yi Hui da Roza Andrew John Dasari Pushpavathie

Deepika Naresh Jawharmal Mulchandani

Deng Chee Kwong Jeremiah Devika d/o Kumarasamy Duraipandi Angeline Jayanthi Edmund Celine Vasantha Ee Cheng Lian Vivian Evans Patricia

Fabiola Agustina Kansil

Fadzilah Binte Abdul Rahman

Fathima Shafeeka Bte Mohamed Faris

Fernando Monica Christine Fiona Maher O'Sullivan Fong Yun Ling Ellen Foo Lai Lan Paula Foo Mui Leng Foo Soo Jen Gajardo Eugenia Gan Sih Tar Michele

Giam Xiuhui

Girija Padmanabhan Nambiar

Go Kim Hong Monica Goh Bee Shan

Goh Kee Chye Lawrence

Goh Kui Hwa

Goh Meibo Guilini Grace Goh Shan Shan Vivien Goh Siew Kim Wendy Goh Sue Chern Susan Goh Tian Seah Richard

Goh Wei Shen

Goldstein Julie Netanela

Guo Lih Jia

Haji Agus Bln Abdullah

Han Shuyu

Hema D/O Sivanathan Heng Su-Yin Jacqueline Hiew Ying Min Ho Boon Chye Hilton

Ho Kok Inn

Ho Koon Lee Connie

Ho Soo Yi Karen @ Mrs Karen Sng

Ho Sum Tim Christina

Ho Tze Yee

Holmes, Claire Ruth

Hong Joey

Hsi Kay Tee Timothy Hsu Yuk Chor Peter Huang Meiqi Amy

Huggins Paula Elizabeth

lp Lee Lee

Jasmine Yeo Meiluan Jewitt, Amanda Lea Kan See Mun

Kang Chun Yong Dave Kathirayson Anita Kavitha d/o Manokaran

Kelvyanne Teoh Kenneth Ng Zheng Aik Khong Ai Ling Marie Khoo Siew Bee Khoo Siew Eng

Khoo Siew Lynn Lynette

Koh Ai Pei Alicia

Koh Bee Hoon Belinda Koh Bee Ling Majorie Koh Chin Mei Diana Koh Hong Wue Jessica Koh Karmen Audrey Koh Lee Sian Agnes Koh Li Wei Dawn Koh Ling Ying Pamela Koh Mei Lien Candice Koh See Boey Wendy Koh Siew Yen Gary Koh Yoke Sim Grace Koh, Angela May Lin

Kok Jin Kuan

Kong Mun Yee Cynthia Kwan Poh Chue Jaclyn

Kwek Teck Hong Benjamin @ Amin Kwek

Kwok Wai Leng Lai Tien Chin Jacintha

Lai Wan Ning

Lam Choon Chaip Benedict

Lam Wai Mun Lam Yoke Fong Lau Choe Keng Trudy Lau Mui Choo Wendy Lee Chung Yean Jeffrey Lee Ee Ling Jintana Lee Hui Lan Winnie Lee Joyce Sue

Lee Mui Cheng Clarissa

Lee Mun

Lee Pedjoe, Patrice Catherine

Lee Pei-En Mylene Lee San San Suzanna Lee Shu Hui Pristin Lee Sock Kuan

Lee Soo Pin Pauline Addison Lee Tai Loong Joachim

Lee Yoke Mey

Lee-Lek Siew Ling Yvonne Leong Geok Hiok Pauline Leong Kok Kuan Tony Leong Mun Leng Joana Leong Woo Ho Raymond Leow Hock Chuan John

Li En Xiao

Lian Tai Yu Amanda Liang Mei Lun Alice Liao Wenqin, Pamela Liau Kien Fie Albert Liew Shuh Onn Desmond

Liew Yen Hoong Lim Ai Chia

Lim Bee Bee Carolyn Lim Bee Lian Judith Lim Bee Yian Vivien Lim Chee Ding Betty Lim Chiew Shan Wendy Lim Ching-Hwa Jadelyn Lim Fang Yan Jessica Lim Gek Tin Donna Lim Hui Khim

Lim Hui Ling Sharon Lim Lay Keow

Lim Mei Imm Magdalene

Lim Moun Nyee Lim Mui Gek Jane

Lim Poh Cheng Suzanna

Lim Puay Eng

Lim Say Teck Richard Lim Tze Chuang Dustin Lim Wan Cheng Cheryl Lim Weng Kee Ivan Lim Zhi Xiang Benedict

Lim Zhiyi Gymy

Lim-Tan Guay Neo Florence Lincoln Colin Michael Ling Yin Peng Joyce

Lo Hui Min Chrystella

Loh Bee Chin Cindy
Loh Kooi Keng Joselyn
Loo Florence Ruth
Loo Ye Qi Audrey
Louis Halbert
Louis, John Philip
Louis, Karen McDonald
Low Poi Kee Frederick

Low Yiing Jia Lu Winny

Lui Hah Wah Elena Luo Pin Xuan Mali, Arati Vidyadhar

Mariambee Binte Abdul Hamid

Mary Neo

Mellissa Letchmi d/o A. Krishnan

Mendis Mahesika Dilani

Michael Pillai Miranda Ledesma

Mittal Vinti

Mohajer Mozhdeh

Mohammed Zullkarnain Bin Abdul Aziz

Mok Hwee Bee Cecilia

Mok Nellie

Moody Ian Andrew

Muhammad Hafiz Bin Zainal Abidin

Mundae Aarti

Muthusamy, Stanley s/o

Nah Kiat Yong Neeta Kapoor

Neo Kah Yan Diana Ruth

Ng Ai Ling Ng Da Xuan

Ng Hwi Meow Agnes Ng Poh Yaip Steven Ng Siang Kiat Vivienne Ng Siew Siew Jaslyn Ng Sook Wai Jaime

Ng Wei Xin

Ng Yew Hoon Lina Ngiam Kee Peng Noor Faridah A Rahim Oh Wan Chyi Valerie Ong Chai Cheong Ong Chen Hock Charlie Ong Chin Aik Kenny Ong Hwee Ling Kathleen

Ong I. Warton Ong Kek Seng Roger

Ong Li Lian Ong Mei Theng Tarin Ortiz Vida Banares Paula Beatrix Rusly Phoon Grace
Piyali Chakrabarti
Png Peck Cheong Robin
Png Tiang Hsia Michelle

Poh Shee Yean Pong Pao Ling Theresa

Poon Oi Lin Preeti Pandit Quah Poh Hock Alex

Raden Chitra Liyana binte Gatot Gunantoro

Rafeah Bte Buang

Rajagopal Mallighase Ivan Joseph

Ram Narain Dubey

Ramachandran Shamini Ras

Reena Dabas Reena Goenka Rena Sivadas Ricart Yana Berenice

Rokiah Binte Samsudin Rose Apphia Rujiab Faquir

Roy Angshuman Ruth Manasseh

Sabala Maslowska Beata Grazyna

Sam Suet Chian

Samuel Vanessa Juanita

Santoso Lanny Sapna Mathews

Saravanakannan, Ganapathi

SB Viknesan Seah Lay Kian Seah Meng Hwa Seow Kwee Yong

Shaikh Mohamed Reza bin Mohamed Bamasri

Shamini Nedumaran Sheila Mukhtar Kaur Sheryl Anne Bathman Shin Hui Priscilla Siew Chee Kit Jonathan

Silvia Wetherell Sim Sian Kiong Elijah Sim Siew Choo Mabel Sim Yih Shyang Andy Sng Ngiap Teck Jimmy Sng Wee Kiang Wesley

Soh Choon Lee

Soh Guan Heng Steven
Soleman Margareth
Soliano Michelle Monica
Song Poh Poh Angeline
SooHoo Ming Yim
Sophian Kayat

Suganthi d/o C N Rajandran

Sukumaran Nair Indu

Swain Sukalyani

Szeto Yoke Kheng Geraldine

Tan Chwee Peng Amy
Tan Daniel Fu-Ann
Tan Hong Kheng
Tan Hui Hong Dawn
Tan Koon Chow
Tan Lay Bee Naomi
Tan Li Ching Rebecca
Tan Li Si Daphne

Tan Lian Tuan Alana Tan Ming Chin Tan Mui Lee Doreen Tan Peck Hian

Tan Rui Ping Benjamin Tan Siew Foong

Tan Siew Siew Elysia Eileen

Tan Soh Hiang Tan Sok Har Esther Tan Sok Ngin Tan Soo Yin Tan Soo Yuin

Tan Soon Choon Henry

Tan Tzer

Tan Wei Qi Michelle Tan Wei Teck Steven Tan Weng Hun Terence Tan Yen Ling Adeline Tan Yew Ngee Andre

Tan Yih Sze

Tan Yik Ching Andrina

Tan Yueling

Tang Ai Ching Christina Tang Sau Tak Ricky Tang Sook Fong Tang Wai Harn

Tang Weng Fung Prisilla Tan-Moh Yoke Lan Janice

Tao Kexin

Tay Ee Leng Elaine
Tay Jin Lu Jean
Tay Meng Hock Sunny
Tay Siok Choo Margaret
Tay Sok Choo Sophie
Tay Swee Aii Susan
Tay Yuka Aiga
Teo Swee Ling Lena
Teo Wei Pin Edmund
Teoh Tan Ping Angeline

Tham Chee Kin Steven

Tien Li Mei Alice

Tin Tina

Tjahjadi Sylvia

Toh Huat Peng Benjamin Toh Mui Choo Gena Toh Quee Yong Joanne Too Meng Chen Eleanor Too Seng Hong Daniel Vandana Khanna Vanita d/o Kaneson Vytialingam, Helena Wang Hui Min Regina Wang Le Feng Andrea

Wang Yi Shing Wee Boon Choon Wee Sin Teck

Wong Chai Ling Natalie Wong Chiew Mee Jane

Wong Kok Chew Wong Liang Hong Wong Lian-Ya Katrina Wong Mi Fung Doreen Wong Poh Hoon Jackie

Wong Poh Ping

Wong Teck Boon Anthony Wong Weng Keong Wong Wun Chee

Woo Choo Peng Matthew Woon Li Lin Shirley Woothitha Paweena Wu Che Vun Steven

Xie Lixin

Yang-Peterson Geraldine Ann Nicolette

Yap Chwee Pheng Yap Pei Sei Kayla Yap Xiu Fen Denise Yap Zheng Jie Joseph Yeap Hwee Ling Bettina Yee Boon Chen Jeanie Yee Foong Wah Eliza

Yeo Audrey Yeo Chong Yuen Yeo Lai Soon Anthony Yeo Neng Sheng Dominic

Yeung Chi Kei Yik Chow Meng Yoo Chin Guan Anson Yoong Min Yi Melissa Yuyu Kow Jia Qi

#### PROVISIONAL CLINICAL MEMBER

Abigail Catherine Yang Wenjie Aidil Ahmad Bin Muhammad Aisha Sheheryar Rasul Alice Ho Shing Yng Allard Alexander Mueller Amy Ching Lee Hoon Ang Kok Poh Andy Ang Kok Siong Frederick

Ang Poon Sek Anthea Chua Athita Bua-in Balaji, Subhashini Beena Doshi

Benjamin Wong Yew Fai Bhaama Parameswari d/o Ramaswamy Iyer

Bimali Iyanthi Kumari Pandithakoralage

Bong Yioe Ling Bongard Simon John

Boss Rejini

Cathy Martina Casey Cecilia Yee Ching Foong Cha Siew Yoong Reeco Chan Chiaw Shin Billy Chan Jia Hui Candace

Chan Wen Jie Chen Jing Chen Lai Lin Chen Zi Ling Cheryl

Chan Mei Fen

Cheng Eng Hui Cheng Mei Horng Samantha

Cheng Mui Hong Mabel Cheong Lee Boon Jocelyn

Chern Lye Chua Andrew Chew Lan Yang Clarise

Chew Wye Mun Serene Chia Zhang Yuan, Nathanael

Ching Lai Mui Choi Kin Meng

Choi Yoke Mun Sandra

Chong Kim Chai Sherine

Choo Madeline Chow Yee Ling

Chua Chiew Hoon Eileen Chua Geok Choo Doreen

Chua Hui Ying Chua Joo Leng

Chua Ming Hwee Solomon

Chua Sai Huah
Chua Wei Ming Joel
Chua Wei Wei Calin
Coney Kelly-Jo Louise
Debbyrina de Thomas
Desouza Merle Dolores
Dhillon Rubendev Singh
Dodani Kirti Prakash

Drabu Sukriti Du Mingi Durga Devi Arivan Dyana Robbins Eske Foerschner Fafat Priya Vijay

Fathin Afifah Binte Mohamad Kambali

Foo Wen Huee Foo Yin Din Foong Pooi Yin Giam Mun-Ye, Cheryl Goh Loh Nah Luona Goh Mui Wah

Goh Whye Kian Tonia Gupta Mahima

Harris-Little Victoria Rachel

Hdidinou Sanaa Heiliczer Allison Heng Cher Hoon

Heng Yan Lin (Wang Yanling)

Henny Prayogo

Hernie Yanti Khames-Martin

Ho Kit Choy

Ho Wai Hon Russell Hogan Faith Felicitas

Hong Dou

Hui Yoke Cheng Von

Ian Ong

Iris Or Siew Yong

Irudayamary Joseph Maria Nathan

Jacinta Tan Poh Joo

Jain Shruti

Jennifer Chan Siew Po Jennifer Isabelle Ong Pei Ling

Jhanqiani Nisha

Joanna Ashwinni Manasseh

Joey Chan Kai Li

Jonathan Ian Ramchand

Juhee Vedangi Julene Tan Li-Peng Julia Soh Ying Li Kaas Line

Kang Geok Sue Elisa Kannan Udayammai Katina Halkas

Kenneth Kwa Wee Bin Kenneth Ng Wee Leng

Kevin Dunk

Koh Geok Liang, Esther Koh Hui-Min Joanna Koh Kim Lian Wendy

Koh Lay Nah

Koh Perk Kee Peggy

Koh Siew Lin Esther Meredith

Kong Siew Lang

Kwek Ban Seng Leonard

Kyaw Wint Wah Lai Mei Chin

Lee Guo Xing Aaron

Lee Hwee Ting Clara

Lee Kim Gek Margaret

Lee Martha

Lee Mei Ying Marilyn Lee Mun Foong Timothy

Lee Oi Wei Lee Pamela Lynn Lee Siu Li Anna Lee Su Choon Lee Teck Ming Lee Tsui Ling

Lee Wen Jun Lee Yong Ching Lee Yong Yeng Oileen Lew Yean Chee Stephanie

Lee Wan Ling Cheryl

Lim Ai Leen Lim Alexis Lim Chiou Yuin Lim Dahlia

Lim Huay Keng Katherine

Lim Hui Yi Valerie

Lim Jiayi Lim Li Zhen

Lim Ngee Hui Brenda Lim Poh Cheng

Lim Yujun

Lin Yuin Cheng Debbie Lin Zhiwei Bernard Linda Elisa Van Laer Lion Alexis, Meitian

Liong Kilyn

Liu Rong Wei Shaun

Liu Xing Loh Kar Heng Low Ai Lee Low Chooi Peng

Low Junsheng Johnsen Low Siew Foong Janice Mah Ee Ying Whitney Manimuthu Mary

Manoharan G Karthigasu Maria Milagros Syjuco Martin Tudor Ellis Williams

Masayu binte Hairoman Mazlina Binte Salim Mendoza Lorita Ramirez

Mohamed Ismail Bin Abu Bakar Mok Ham-Lock Jeanette Mok Zhiqiang Gary Monika Narayanan Morten Jensen

Nagoor Mohideen Fatimah D/O Abdul Gani

Navroop Sood

Nazira Begum Binte Rowthagani

Nelly Darmali Ng Chai Hoon Elsie Ng Eew Hwong Ng Gim Hon Ng Tio Wee Jason Nguyen Thi Gia Hoang Niederberger Danae Allen

Nigel Tan Niti Gupta

Nonis Macneu Martin Nooraini Binte Salleh

Oh Boon Tai Oh Odelia Utama Ong Ai Lin Irene

Ong Beng How Steven Ong Hock Lam Johnny Ong Kian Ming Clement

Ong Mui Hwa Ong San San Ong Siew Lan Jenny Ong Tze-Wei George

Pang Siew Yun Pankuri Goel

Ong Kok Wah

Paradkar Vrushali Manoj Park Seong-Yoo Christina

Peh Boon Li Janice Pereira Chriselda Rose Phua Tiona Ena

Poon Swee Har Tricia

Pow Yih Ling

Poh Lian Choo

Quay Hong Mui Peggy Quek Hui Lin Fiona Quek Hwee Kian Lilian Quek Wan Ting

Rashmi Kunzru Ree Colin Gerard Roberts Sam

Ruth Komathi d/o Thaya Needi Ruwani Anita Bartholomeusz Ryan Julie Dianne

S Manjushree S. Raveendran

Sanchia Paquita Hunt-Towle

Sano Hitomi Sarvesh Melvin Seah Chiew Kwan
Seet Ling Shi Jazlyn
Seet Pek Hua Maria Babara
Sekhon Berna Esendemir
Seng Hkawn Susan

Seng Hkawn Susan Seow En Hui Amadea Seunghee Chung Shah Kavita

Shannon Peter Edward

Sharinder Kaur Shriya Vashisht Sia Chong Hao Siew Chau Yeng Sim Boon Wei

Sim Mui Luang Gladyss Sim Shiang Hann Andy

Simon Parkin Singh Gayatri Singh Laxhman

Siti Haslinda Binte Badul Karim

Siti Salmi binte Mubari Soenaryo Yulia Soh Chin Boon Sona Pranav Kumar Song Pic Yoke Peggy

Soon Kiang Hong David

Spalvieri Laura Srividhya Sridhar

Stephen Patrick Soloman Sukhtankar Nandini Vijaykumar

Sunita Rai Suraya Binti Ali

Suriyavarman Jagadis Swamynathan Jananee Swee Fong Kheng Joan Tan Chue Loon Michelle

Tan Eng Choon Tan Jun Fa Tan Keng Yan

Tan Siew Yin Christine Tan Sook Khuan Helenna

Tan Teck Koon
Tan Teng Liang
Tan Yam Mei Sandra
Tan Yong Khoon Peter Paul

Tan Youyi Alvin Tang Phak Kwong

Tan-Lim Hung Leong Kelvin Titan

Tara Michelle Dear Tay Aik Keong Winston

Tay Siew Hua Tay Sock Kheng Tay Swee Hong

Tay Yok Bee Madelin Tee Hui Xin Carolyn Teo Zi Rong Donavan

Tham Im May
Tian Ching Ching
Toh Irene

Toh Mui Hua Catherine Toh Yue Lai Grace Tong Mien Yik

Trueman Victoria Louise Sutherland

Venner Marc Alexander

Veronica Mok
Wang Shiow Mei
Wong Chooi Ling
Wong Wai Mun
Wong Yeong Tay
Woon Chin Ting

Woon Vivien nee Hon Fooi Sin

Yap Mei Mei Yap Siew Ling Yeo Chak Eng Hazel Yeo Chee Keong Yeo Hui Ying Jaime Yeo Kok Hwa Yeoh Oon Bee Yeoh Phay Yee

Yiu Kam Shiu Francis Zammit Melanie Clare

**ALLIED MEMBER** 

Aarthi Subash Nair Alison Moore Angeline Kin Azlitah Jaffar

Belen, Joan Alaine Casuncad

Chai Bin Hua Chan Chee Keong Cheong Kuan Yee

Cheong Ming Han Edmund Chew Cai Ying Stephanie

Choo Lee Yuen
Choo Nelson
Chow Kit Seen
Clarice Chey Pei Jun
Fong Yow Foong
Aarthi Subash Nair
Goh Kiat Foong
Haas Sarah

Haier Diana Bte Hashim

Harrish Nair Ho Wei Yuen Alvin

Jagadharan Vickineswarie

Jim Faherty

Jordan Paterson
Jose Ferreira Filho
Jyothi Kosaraju
Koch Emanuela
Koh Khoon Geok
Kristine Neo Lay Ping
Kudari Isaiah Thimothy

Lam Wee Woon Lam Yuet Meng Rachel

Lau Yen Li Yvette Lee Hong Yiap Lee Kok Meng David Lee Pheng Hua Ray Lee Yong Siang Abigail

Lee Zi Hao Lim Kai Kok Zeb Lim Ming Chu Sharon Lim Yan Chern Gretchen Liow Hwee Hsiang Loh Huiling Samantha

Long Shi Yun Lui Jean Zhen Yi

Madi Muhammad Firdaus

Mayrhofer Andrea

Mohamed Sulaiman Haja Navaz

Moroni Claudio

Muhammad Arif Bin Osman Ng Yee Peng Yolanda Ng Zi Hui Zanthe Oh Chui Har

Ong Lee Lian Wang Lilian

Ong Wei Chong

Pallot Bush Joanna Margaret Phua Hwee Chay Derrick Poon Soo Yiang Amy Punithavathi d/o Elengovan

Quek Yong Wee Renee Butler Sahgal Chitra R

Selvan Sureintheramoorthi

Shahrul Bahriyah bte Rhazaly Noentil

Sharon Teo
Shawn Lai Jun Yin
Sio Wee Syn Elvis
Song Yanda James
Tan Chee Shien
Tan Hui Yang Aston
Tan Kia Mui Florence
Tan Wai Heng

Tang Chow Kheng Treena Tan

Vedanta Attri Verghese Shoba Wang Suwen Xu Hai Yan Yap Ching Keong Yeo Ke Xin Yeo Kia Kia

**ASSOCIATE MEMBER** 

Abigail Vicky Goh

Adriana Giotta
Andriesz Sabreena
Atika Shukla
Baker Mary
Boey Weng Fatt
Carter, Margaret
Chan Suet Fong
Chee Kim Li Lily
Chee Xiang Yun
Chia Lai Ping Jane
Chien Chiew Piang Willie
Chng Yee Chuan Leon
Chong Kim Poh Roland

Chue Luen Song
Desieree Elisabeth Makalew
Dhiviyaa V Loganathan
Eardley, Wendy Howitt
Eng Hiap Chai Asher
Faessler-Moro Tanja
Fang Aiying Amy
Fong Kim Yen
Eoo Mei Fang Grace

Foo Mei Fang Grace Francis Carmen

Goh Chong Siang Richard Goh Chye Hong Wendy

Goh Jing Yao

Goh Siew Khim @ Dr Khim Goh

Goh Yiling Eiling Goyal Ruchi

Grace Cheah Lean Cheng

Grimes, Odette Heng Siow Ing

Jaiakumar

Ho Fook Cheong Vincent Ip Chi Keung John Isobel Barclay

Jayakumar Rajamanickam Shatish

Jayaram, Sharvari

Jeyapaul, Ponniah Andrew Kalai Selvan Priyanitha Kalavathi, Ramdass Kan Sze Han Kelly Kaur, Harbinder Kaur, Lakhvinder Kaushikee Ghose

Khare, Mala C. Koh Bee Ping

Koh Liang Kwan Daniel Kumar Gurpaljeet Singh Lardi Robyn Claudia

Lassau Caussanel Laurence

Lee Chee Tong Lee Choon Eng Irene Lee Gek Hoon June Lee Seow Ping April Lee Yih Chih Samantha Lee Yong Kang Isaac

Liew Lee Kien Lim Eng Hwa Loren Lim Song Joo Lim Walter

Ling Swee Leon Adrian

Lo Mun Yue Loei Lee Kok Job Long Ivon Looi Li Keng

Low Bee Hoon Emily Lui Sieu Yeng Anne Marie

Lui Yook Wai Michael Gomez

Mohamed Harith bin Mohamed Kassim

Naina Bhatia

Neo Ee Shiang Eleanor Neo Teck Koon Simon

Ng Kim Bee Ng Wei-Cher Glen Ngien Tai Huen Diana Ong Fen Fen Melissa Overee Josephine Juliana

Pal. Uma

Pan Minen Elizabeth Patterson Antoinette Renee

Poh Ling Yin Cyndi Poulier, Ian Hilary Quek Jen Yee Quek Swee Hee R. Alamelu Rajoo Suseela Retief, Jenny

Rodrigues Melissa Bianca Sakinah Bte Mohamed Sambasivam, Selvathi Samira Shahul Hameed

Sangeetha Jose

Santhana-Francis Margaret M.

Sathar Drusilla Wylin See Kok Fuen Veronica

See Siang Hua

Seow Kok Piat

Shah, Devanshi Dhimant Shanmugam, Prem Kumar Sharon Tan Hodiny Sim Peng Yam Kenneth Siow Thutt Menn Michael SivaKumar s/o Kala Muthu Sivarajasingam Mahendran Sng Gin Ai Magdalene

So Yin Nei Jeanie Sonam Damani Soong Cecilia Steven Francis Su Fay May

Swarna Ramya Veerappan

Tan Boon Chye
Tan Chew Eng
Tan Hui Ping
Tan Paul
Tan Yak Koon
Tan-Soon Eng Peng
Teng Lee Tat
Teng YaoGuang
Thevathasan, Troy Jack

Thng Wei Kuen Tok Mui Peng Alice Tung Foong Yee Derry Vanderstraaten Maria Venkataraman Sasi Rekha

Versolato Rebecca Simonis Barreto

Wong Yoke Ling Alice Yeo Gek Hong Julia

Zahira bte Masauood Ahmad

Huang Wuxiang Jason Jasmine Lam Xin Hui

Juliana Poh Shi Min Kaushik Zara

Kristi Stewart Mackintosh

Laug Eric Jae Laura Thuy Chu Law Audrey

Lee Wan Hui Caitlyn Lisa Mary Oake

Maniesha Priyajie Blakey

Ng Min Hong

Rachel Chan Wen Yeu

Robertson, Roselyn, Rebecca

Shevangi Gandhi Soh Xiangying Serina Suhaimi Nurshafirah Tan Leng Yen Jaclyn Tan Teck Loong Tatianna Nasr Tay Hsing-Li Sharon Vanessa Burton Wang Youqing Tulip

Willie Soh Ye Chen Zhao Jie

### STUDENT MEMBER

Abdul Hakim bin Adzhari Alison Elizabeth De La Cour Anil Kiran Nair s/o Govindan Nair Ballkees d/o Abdul Jabbar Maricar

Chin Chuan Fei

Ching Cheok Hui Nicodemus Chua Zheng Hang, Aaron Combin Percy Khambatta Doshi Yashni Mahendra

Emily Faye Noble Fang Shiyuan

Fernandez Rachel Valerie

Fiona Jayne Denny Foo Jock Leng Emily Gan Jeslin Jie Ling Goh Boon Ping Adelene Gowri Thamotharan Heng Yik Kun

### **Contact Information**

### **Registered Office:**

Singapore Association for Counselling c/o Work Central Offices Pte Ltd 190 Clemenceau Avenue #06-01 Singapore Shopping Centre

Singapore 239924

Tel: +65 6708 8292 | Email: admin@sacsingapore.org

Website: www.sacsingapore.org

**UEN No.: S83SS0024D** 

#### **Email Contacts:**

Dr Low Poi Kee Frederick President president@sacsingapore.org
Rev Sam Kuna Honorary Secretary secretary@sacsingapore.org
Sandra Lim Assistant Manager & Secretariat admin@sacsingapore.org
Sarah Phua Finance finance@sacsingapore.org

### **SAC BOARDS AND SUB-COMMITTEES**

#### **CLINICAL SUPERVISION BOARD**

Chairperson: Dr Jessica Leong

Mr Joachim Lee Mrs Linda Wan-Koh

Ms Livingston Anna Catherine

Rev Sam Kuna Mr SB Viknesan Mrs Sharon Sng

### **COUNSELLORS EDUCATION BOARD**

Chairperson: Ms Trina Tan

Mr Andy Lam Ms Au Hoi Ting Ms Carolyn Lim Ms Hema Gurnani Ms Irene Loi

Mr Anthony Mok\* (SSI)

Ms Constance Thong\* (SASW)

### **ETHICS BOARD**

Chairperson: Rev Sam Kuna

Mr Andy Lam Mr Benny Bong Dr Muni Winslow Mr Steven Tham Mr Robin Lim

#### **REGISTER BOARD**

Chairperson: Ms Jenny Giam

Ms Denise Yap
Ms Hema Gurnani
Mr Ng Chong Chee Dan
Ms Reena Goenka
Ms Rose Faquir
Ms Yuyu Kow

### COMMUNITY COMMITTEE

COUNSELLORS SUB-

Chairperson: Mr Joachim Lee

Co-Chairperson: Ms Dawn Tan Hui Hong Mr Edwin Quek Ms Michele Gan

Ms Sapna Mathews Ms Sukumaran Nair Indu

#### **MEMBERSHIP SUB-COMMITTEE**

Chairperson: Ms Carolyn Lim Co-Chairperson: Ms Au Hoi Ting

Ms Celine Edmund Ms Helenna Tan Ms Rose Faquir Mr Sam Roberts Ms Vinti Mittal Ms Xiao Li En

### RESEARCH & PUBLICATION STANDING COMMITTEE

Co-Chairperson: Dr Frederick Low Co-Chairperson: Dr Lee Boon Ooi

Dr Alicia Pon Dr Gilbert Fan Dr Joyce Chan Dr Tan Soo Yin

Dr Jennifer Isabelle Ong

### SCHOOL & COLLEGE COUNSELLORS SUB-COMMITTEE

Chairperson: Mr Bernard Mackenzie Ms Esendemir Sekhon Berna

Mr Joshi s/o Chandrasenan

Mr Jeffrey Lee

Mr Mohammed Zullkarnain Bin Abdul Aziz

Mr Teo Donavan

Mr Wu Che Vun Steven

Ms Xiao Li En

This page has been intentionally left blank

This page has been intentionally left blank



This annual report is published by Singapore Association for Counselling for distribution to its members

### Registered Office:

Singapore Association for Counselling c/o Work Central Offices Pte Ltd 190 Clemenceau Avenue #06-01 Singapore Shopping Centre Singapore 239924

Tel: +65 6708 8292 | Email: admin@sacsingapore.org

Website: www.sacsingapore.org

**UEN No.:** S83SS0024D